

**Instruction Manual and
Experiment Guide for
the PASCO scientific
Model SE-8575**

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THE VISIBLE STIRLING ENGINE



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\$5.00

PASCO®
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Credits

This manual authored by: Brent Van Arsdell

This manual edited by: Mary Ellen Niedzielski

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- ① The packing carton must be strong enough for the item shipped.
- ② Make certain there are at least two inches of packing material between any point on the apparatus and the inside walls of the carton.
- ③ Make certain that the packing material cannot shift in the box or become compressed, allowing the instrument come in contact with the packing carton.

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Introduction



The PASCO Visible Stirling Engine is a tool to teach students how engines work and to excite them about physics.

Stirling engines have the most efficient cycle in the world. Does that mean the Model SE-8575 engine is the most efficient engine in the world? No. It means that Stirling engines with regenerators have a cycle that matches the Carnot cycle. The Carnot cycle determines the maximum theoretical efficiency of a heat engine.

$$\frac{\text{temp hot} - \text{temp cold}}{\text{temp hot}} \times 100 = \% \text{ efficiency}$$

The temperatures must be measured in absolute degrees (Kelvin or Rankine) for this formula to work.

No real engine (one that could be built in a machine shop) can achieve the Carnot theoretical efficiency. But real Stirling engines come closer to the Carnot cycle than any other engine! Some research Stirling engines have attained 50 percent of the theoretical Carnot efficiency!*

The efficiency of the SE-8575 is calculated in the experiments section of this manual.

* "Stirling Machines: An Emerging Technology Paradigm" by B. Ross and L.B. Penswick, page 8.

If Stirling engines are so efficient, why don't we have them in automobiles? The best answer to this question is an easy demonstration. Start the SE-8575 on nearly boiling water and wait for it to get up to full speed. Then remove the engine from the heat source and notice that it keeps running for a few minutes.

It is very easy to do an engineering trick to make the engine stop instantly, but there is nothing in the world that can be done to make a Stirling engine start instantly. Today's drivers want to be able to start their cars instantly (if not sooner) and some of them want to burn rubber across the parking lot. Stirling engines can't do that.

Research automobile Stirling engines generally take about 30 seconds before the car can be driven away. Modern drivers do not want to wait.

Computer Compatibility

Photogates may be used to measure the engine rpm.

Additional Equipment Recommended

You may also find it convenient to use:

- A coffee cup.
- A clear water glass
- A Styrofoam dinner plate or a Styrofoam bowl.

History and Theory of Operation

Why STIRLING Engines are important

Every practical engine ever built compresses a gas then expands it and moves it through a cycle.

The Reverend Robert Stirling, a minister of the Church of Scotland, was troubled by some of the dangerous engines that were used at the beginning of the industrial revolution. Steam engines would often explode with tragic effects to anyone unfortunate enough to be standing nearby. So in 1816 he invented and patented “A New Type of Air Engine With Economizer.”

Hot air engines, as they were initially called, couldn't explode and often put out more power than the steam engines of their day. The only trouble was that the readily available metal of the early 1800's was cast iron, and cast iron oxidizes rapidly when you leave it in a very hot flame.

In spite of these difficulties, Stirling engines were widely used as water pumping engines at the turn of the century. They required little service, never exploded, were fairly quiet and the water provided a good cooling source for the cold side of the engine. Thousands of these engines were sold .

In the mid 1800's a bright Frenchman named Sadi Carnot figured out the maximum limits on efficiency. His formula is an accepted standard for determining the maximum possible efficiency of an engine. No engine can exceed the Carnot efficiency. [*The first law of Thermodynamics says you can't get out more than you put in. You can only break even.*] In fact no real engine can achieve Carnot efficiency. [*The second law of thermodynamics says you can't break even.*]

It takes good engineering and complex machines to achieve a significant fraction of the Carnot efficiency.

On the simplest level, a Stirling engine operates as follows. When a gas in a closed cylinder is heated it expands and pushes up on a piston. When the same gas is cooled, it contracts and pulls down on the piston.

The next level of understanding is to realize how regeneration works. Robert Stirling realized that the engines he built would be much more efficient if some of the heat that was used to heat the air for one cycle was saved and used again in the next cycle. Robert Stirling called the device that saved heat in his engines an economizer. Today, these are usually called regenerators and probably are Robert Stirling's most important invention.

In the model SE-8575, regeneration works as follows. When the yellow foam inside the engine is near the top of the cylinder (and the engine is running on a cup of hot water) most of the air is on the bottom side (the hot side) where it is heated. When the air gets hot it expands and pushes up on the piston. When the foam moves to the bottom of the engine it moves most of the air (it displaces the air) to the top of the engine. The top of the engine is cool, allowing the air inside the engine to cool off (reject heat to the environment) and the piston receives a downward push. This engine would run even if the “displacer” (the yellow foam) was made of solid Styrofoam. It runs much better because it is made of a special air filter foam.

When the air is flowing from the hot side of the engine to the cold side it flows through and around the yellow foam (the displacer). Since the air is hotter than the foam, some of the heat from the air will flow into the foam. The air cools off and the foam heats up. This is called regeneration and is very important in many industrial processes.

When the air makes the return trip to the hot side of the engine it once again flows through and around the foam. This time the air heats up and the foam cools off. The heat that would have been wasted in an engine without regeneration is saved and a much more efficient engine is the result.

A Stirling engine with a regenerator has a cycle that matches the Carnot cycle. It has the same theoretical maximums and the same theoretical efficiencies.

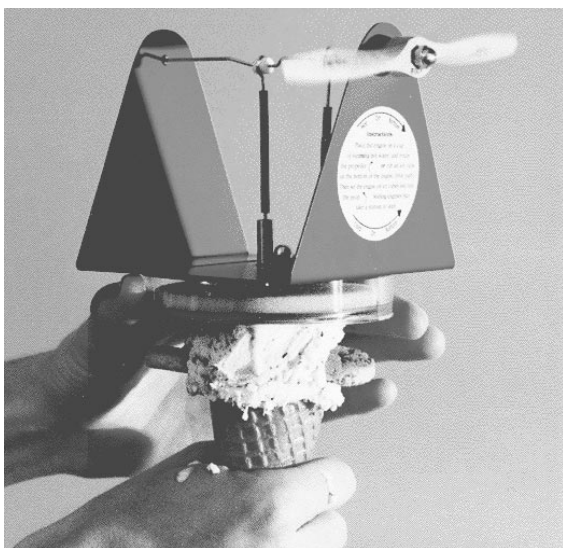
Operation

Operating On Ice

Running the engine on ice is a quick and interesting way to start the engine. Pick up the engine and rub an ice cube vigorously around the bottom (the blue part) of the engine. Then place the engine on a pile of ice cubes (ice chips work best) and flip the prop in the direction indicated on the label.

Ice cream or frozen yogurt also work well as ice substitutes. Ice cream provides a good heat sink, (when compared to ice cubes) because it makes such good thermal contact with the bottom of the engine. Ice cubes tend to provide only limited points of contact on the top edges of the cubes.

If you run the engine on ice cream or frozen yogurt, take extra care to clean it after you are done. Carefully run the bottom of the engine under some warm water to clean it.



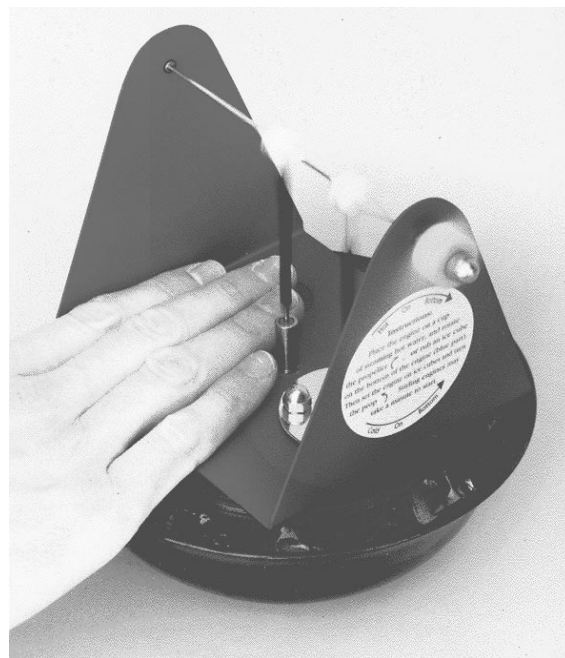
Stirling Engine on an Ice Cream Cone

Power From Your Fingertips!

When running the engine on ice in a room that is 72° to 75°F the temperature of the top of the engine will drop to about 68°F. When this occurs an interesting demonstration can be performed.



Stirling Engine on a Bowl Filled with Ice



Palm over LCD Thermometer

Place a warm hand (as many fingers as fit) over the LCD thermometer and the surrounding area. Within 20 seconds you will observe a significant increase in the operating speed of the engine. Engines run on heat, and in this case body heat can be used to increase the output power of the SE-8575.

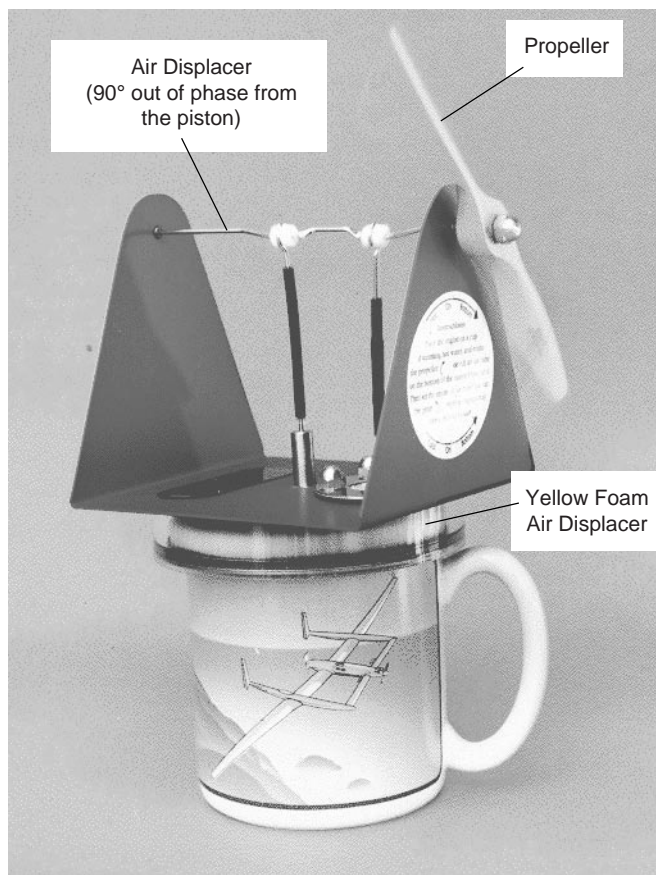
Operating with Hot Water

Water is a very good thermal transfer medium. The visible Stirling engine will run well on a cup of hot water. Does the water have to be in contact with the bottom of the engine? No. Steam rising off the water and then condensing on the bottom of the engine moves the heat to the hot side of the engine. Here’s how to start the engine in a hurry.

Fill a coffee mug about 1/3 full of hot tap water then microwave it until the water is boiling vigorously. Place the engine on the top of the coffee mug, wait 20 seconds, and flip the prop in the direction indicated on the label.

This also works well with a clear water glass. Using a clear glass has the added benefit of letting students see the steam rise and the water condense on the bottom of the engine. Make sure to use a glass that is safe for the temperature of water you will be putting in it.

The engine should start immediately and run at a high rate of speed.



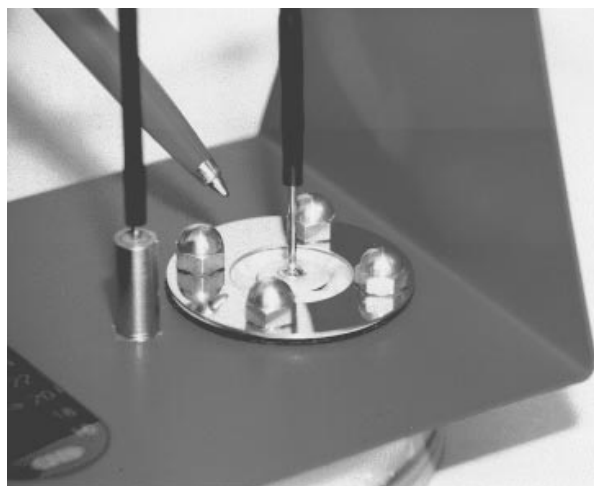
Stirling Engine on a Cup of Hot Water

Operating On Maximum Power

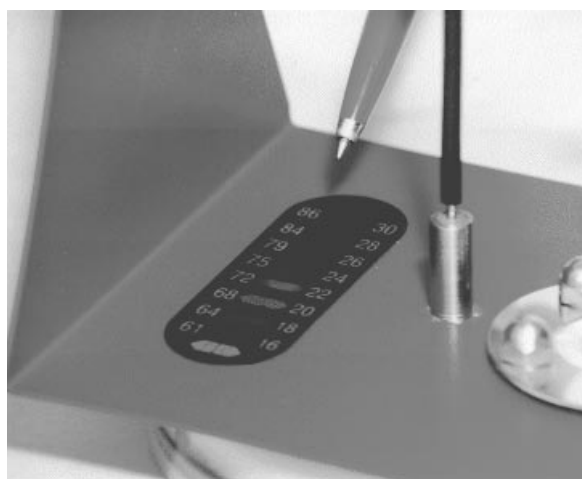
The way to get the most power out of the model SE-8575 is to increase the temperature difference between the top and bottom plates. The maximum operating temperature is 212°F and the minimum operating temperature is -40°F.

► **NOTE:** Do not apply direct flame to the unit!

The best way to achieve maximum power is to put boiling water on the bottom (do not use a Bunsen burner) and ice cubes on the top. Be careful not to get water down inside the engine or on top of the piston. Water on the top of the LCD thermometer is okay.



Piston



Liquid Crystal Thermometer

Experiment

Equipment needed

- Model SE-8575 Visible Stirling Engine
- (2) Styrofoam cups
- Thermometer
- Hot water (boiling is preferred)
- Paper towels to wipe up water
- **Optional:** Basic Calorimetry Set (TD-8557)

Purpose

The purpose of this experiment is to get a physical feel for the loss mechanisms in any engine.

Theory

Engines are made to do something. They take in energy from a source, they reject waste heat to a reservoir, and they do useful work. Every engine has losses. The purpose of this experiment is to identify the loss mechanisms and determine what could be done to reduce those losses.

Setup

- ① Nest one Styrofoam cup inside the other to make a two cup calorimeter. Weigh the cups.

► **NOTE:** The TD-8557 styrofoam Calorimeter works well to replace the cups.

- ② Fill the cups half full with very hot water. Put a lid over the assembly and weigh it again.
- ③ Measure the temperature of the water. Convert the temperature to Kelvin or Rankine.
- ④ Measure the temperature of the air in the room. Convert this temperature to Kelvin or Rankine.
- ⑤ Place the engine on top of the hot water and start it. After it gets up to speed stop the engine and turn it slowly by hand. Watch what happens to the piston when the air shifts from the hot side to the cold side.

Calculation

Calculate the theoretical efficiency of the engine operating between these two temperatures using the following formula. $\frac{\text{temp hot} - \text{temp cold}}{\text{temp hot}} \times 100 = \% \text{ efficiency}$

What is the theoretical efficiency of a Carnot engine operating between these temperatures?

Questions

- ① Which would do more for efficiency of the engine, raising the temperature hot by 50°, or lowering the temperature cold by 50°?
- ② The hot water in the cups is a form of stored energy available to do work. Would it be possible to run a car on very hot water?
- ③ How much energy is stored in the hot water?

- ④ When you buy gasoline to run your car, what is it that you are really buying?
- ⑤ If hot water could be used to run a car, why do we buy gasoline instead of hot water? Hot water would be a zero pollution engine.
- ⑦ How much stored energy is there in a gallon of gasoline?
- ⑧ Some of the air makes the piston bulge up around the edges when the air moves to the hot side. Does this air do any useful work?
- ⑨ Would the engine put out more power if this flexible piston was replaced with a very tight fitting light weight graphite piston?

DEMONSTRATION: **An Engine That Runs On Ice**

Setup

Set the SE-8575 up to run on ice chips, ice cream, or frozen yogurt. Detailed instructions are in the *Operation* section of this manual. Start it running and ask the following questions.

Questions

- ① What is the source of energy to run this engine?
- ② Since there is no such thing as a free lunch, who paid for the energy to make this engine run and what company did they pay it to?
- ③ After the SE-8575 has been running for some time, do the Power From Your Fingertips demo as explained in the operations section. Who paid for this energy to make the engine run faster and who did they pay it to?
- ④ Would it be possible to have a full power engine that had zero pollution and used the heat from the room as a hot source.
- ⑤ Calculate the Carnot efficiency of an engine running with liquid nitrogen as a cold sink and a 72°F (23°C) ambient hot source.
- ⑥ Liquid nitrogen is readily available. What determines whether it would be a good idea to build an engine like this?
- ⑦ Since the air is roughly 80% nitrogen, would an engine like this cause any pollution?
- ⑧ When an engine is running on a heat source the Carnot formula determines how much of the heat can become useful work. In this engine as in most engines the majority of the heat that could become useful work doesn't become useful work. What happens to this heat? Identify the specific loss mechanisms.
- ⑨ Internal combustion four stroke engines have one power pulse every other trip of the piston. Stirling engines have two power pulses per trip of the piston (one going up, and one going down). All other things being equal (which they never are) how much smoother should a Stirling engine be than an Otto cycle engine?
- ⑩ Are you likely to see a Stirling engine offered for sale in a car? Why or why not?
- ⑪ Would Stirling engines be good candidates for powering submarines? Stirling engines are quiet and submarines like quiet.
- ⑫ Would Stirling engines be a good source of auxiliary power generation for yachts? Good cooling water is available, and people on yachts like it quiet too.

Maintenance

The PASCO Visible Stirling Engine SE-8575 is a delicate apparatus. Treat it like a fine piece of laboratory equipment and it will last a very long time.

Maximum Operating Temperature

The engine is made for intermittent use with a maximum operating temperature of 100°C (212°F).

For Intermittent Use Only

► **IMPORTANT:** The PASCO SE-8575 Stirling Engine is not made for continuous use.

It may be tempting to find a source of waste heat and let the engine run continuously. Do NOT do this!

- The piston has a limited life time. While it should last for years with occasional use, it will only last for about 6 weeks running 24 hours a day.
- To extend the life of the engine, do not exceed its maximum operating temperature. Do not run the engine on heat sources other than hot water.

Non-Acceptable Heat Sources

► **IMPORTANT:** Do NOT heat the engine using any type of flame!

The SE-8575 will indeed run very fast on the heat from a candle flame, but you will exceed the maximum temperatures of the materials in the engine and ruin it.

If you use a burner to heat the water, put the engine on top of the water *after the burner is shut off*.

Running the engine on top of a lamp or a similar heat source is likely to raise the temperature of the acrylic above its yield temperature and ruin the engine.

DO NOT USE LIQUID NITROGEN!

► **IMPORTANT:** Liquid nitrogen is far too cold for this engine and very likely will break it. Dry ice would probably be okay but has not been tested.

A good cooling source is “freeze spray”. This is sold in an aerosol can at Radio Shack and other electronics supply stores. It’s a lot of fun to make the engine appear to run on “nothing”.

DO NOT OIL THE BEARINGS!

During the development of this engine, many different lubricants were tried in an effort to improve performance. None of them improved performance at all, and most of them made the engine run less well or not at all.

All the bearing surfaces contain Teflon. It is unlikely that any lubricant you might use would improve performance.

To Remove Oil:

Oiling the engine will probably degrade performance or cause the engine to quit. Use a TINY drop of WD-40 (a very light dispersant petroleum based product) to clean off the oil. Be careful to keep the oil from running over the red anodized surface as it will stain the anodizing.

KEEP THE ENGINE DRY!

After running the engine, make sure it is completely dry before putting it away. The metal ring that holds the blue plate on the bottom of the engine in place is made of a stainless steel alloy that contains some iron. It can rust if not put away dry. Towel dry the engine carefully before you put it away. Blow drying it is also a good idea.

Most Common Reason for Engine Failure

- The most common reason for the engine failing to run is inadequate thermal transfer. If the engine won’t run try putting about an inch of water in a coffee mug and microwaving it until it is boiling vigorously!
- Remove the mug from the oven and place the engine on top of the boiling water, wait 15 seconds, and turn the prop the direction indicated on the instruction label for “hot on the bottom.” The engine should start quickly and run rapidly.

► **NOTE:** Boiling water is dangerous. **Handle with care!**

If the engine still does not work or runs very slowly, refer to the *Troubleshooting* section.

Troubleshooting

There are three general reasons why the SE-8575 Stirling Engine might not run.

- ① Not enough temperature difference between the hot and cold side of the engine. This Stirling engine needs about a 40°F (23°C) difference in temperature to run. If the room is at 72°F (23°C) and the ice temperature is 32°F or cooler the engine should run at 100 rpm or faster.

If ice is used as the “cold” source, it is possible to have the bottom of the engine rest on only a few high points on top of the ice cubes. The best solution is to pick up the engine and rub an ice cube vigorously around its bottom. Then place the engine on a pile of ice cubes (ice chips are best). Push down on the LCD thermometer with your warm hand to help establish contact with the ice. This will simultaneously warm up the top of the engine and help establish better ice contact with the cold side of the engine.

- ② The engine may have developed a leak in the system. The Stirling cycle engine is a sealed system. It can only tolerate one tiny leak. If there are any obvious holes in the grey diaphragm (which is the piston) the engine will not run. Contact the Magic Motor Company 1-800-503-2906 for replacement parts or service.
- ③ There might be internal friction in the system. Every engine ever built has internal friction losses. However this engine when operating between such small temperature differences does not have room for much wasted power.

There are two things that have been observed to sometimes cause problems. There must be about slight looseness in the collars where the crankshaft goes through the aluminum upright near the propeller. In other words, If the engine is held in one hand and the prop is moved back and forth along the axis of the crankshaft it should be possible to hear the collars make a clicking sound, and see the bushings which hold the crankshaft in place move back and forth about the distance of 2 to 4 sheets of notebook paper.

This looseness is essential to proper operation of the engine. If one of the bushings has moved slightly and becomes a tight fit on the aluminum upright, the engine will run poorly or not at all. The solution to this problem is to use a knife blade to move one of the collars slightly away from the aluminum uprights.

Also, the piston must move freely without binding at the top or bottom of its travel. This should never need adjustment, but it can be adjusted if someone accidentally moves it out of its range. The piston (grey rubber diaphragm) should, at the bottom of its travel, be almost (but not quite) tight. At the top of its travel it should also be almost but not quite tight. If the piston is tight at either end of its travel it can be adjusted slightly by hand.

The black tubing that covers the rod connecting the piston and the crankshaft is a slip adjustment mechanism. If the piston is too tight at the bottom of its travel, shorten the connecting rod by pushing in (ever so slightly) on the piston end and the crankshaft end. Hold one hand at the crankshaft end of the connecting rod and the other at the piston end and push these ends together. If the piston is too tight at the top end of its travel then lengthen the connecting rod (very slightly) by pulling down the piston and pulling up on the crankshaft end of the connecting rod. In other words, reverse the previous process.

Adjusting the Regenerator

The regenerator is the yellow piece of foam inside the engine that moves the air from the hot side to the cold side. In normal use this should never need adjusting. However if someone grabs it and pulls on it, the regenerator can be moved out of adjustment. Ideally the displacer should just barely touch (or not quite touch) the top side of the engine when it is at the top end of its travel. It also should not quite touch (or barely touch) the blue plate when it is at the bottom end of its travel.

Turn the propeller slowly through by hand and watch the regenerator. If it is adjusted as indicated in the above paragraph then don't do anything with it. If it hits the bottom enough so that the flexible rubber linkage tubing bows out when the regenerator is at the bottom of its travel then push the black tubing slightly down onto the regenerator shaft. The regenerator shaft is the shiny piece of wire that goes down into the engine and attaches to the yellow foam.

If the LCD Thermometer Turns Black

LCD thermometers of this type have specific operating ranges. When the temperature is within their range they display colors. When the temperature is out of their range they turn black.

If the LCD thermometer is black it means that the temperature of the thermometer is out of the range of the thermometer. Either the temperature is above 86°F (30°C) or below 61°F (16°C). The thermometer is not damaged by this at all and will again indicate colors when the temperature returns to its operating range.

The Thermometer Shows 86° But the Engine Still Does Not Run

Operation of Stirling engines is dependent on a temperature difference. If the engine was running on hot water and the thermometer now shows a temperature of 86° it is likely that there is no longer a temperature difference of 40°F or more. This is a normal condition. Reheat the water (boiling is acceptable) and start the engine again.

Credits

Acknowledgments

This type of Stirling engine is relatively new. The first Stirling engine ever built to run on small temperature differences was built in 1983 by Ivo Colin of the University of Zagreb in what was then Yugoslavia.

Jim Senft, a mathematics professor at the University of Wisconsin River Falls, built engines that substantially improved on those built by Ivo Colin. This engine is a follow up design to those built by Jim Senft. The concept for this engine was created by Darryl Phillips of the Airsport Corporation, Sallisaw Oklahoma. The detail design and engineering was done by Brent H. Van Arsdell of the Magic Motor Company.

More STIRLING Information

Additional information on Stirling engines is available from:

Stirling Machine World [Brad Ross, Editor]
1823 Hummingbird Court
West Richland, WA 99353 9542
(509)-967-5032

Stirling Machine World publishes a quarterly newsletter. Additional books and video tapes on Stirling engines are also available.

How to Get A FREE Book

If you have any experiments that you feel should be included in the next edition of this manual, we would love to hear from you. If we use your experiment in the next edition of the manual we will give you a Free copy of "Introduction to Stirling Engines" by Jim Senft. Write up your experiment and mail it to

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1945 N. Rock Rd. Suite
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Technical Support

Feed-Back

If you have any comments about this product or this manual please let us know. If you have any suggestions on alternate experiments or find a problem in the manual please tell us. PASCO appreciates any customer feedback. Your input helps us evaluate and improve our product.

To Reach PASCO

For Technical Support call us at 1-800-772-8700 (toll-free within the U.S.) or (916) 786-3800.

email: techsupp@PASCO.com

Tech support fax: (916) 786-3292

Contacting Technical Support

Before you call the PASCO Technical Support staff it would be helpful to prepare the following information:

- If your problem is with the PASCO apparatus, note:
Title and Model number (usually listed on the label).
Approximate age of apparatus.

A detailed description of the problem/sequence of events. (In case you can't call PASCO right away, you won't lose valuable data.)

If possible, have the apparatus within reach when calling. This makes descriptions of individual parts much easier.

- If your problem relates to the instruction manual, note:
Part number and Revision (listed by month and year on the front cover).
Have the manual at hand to discuss your questions.

