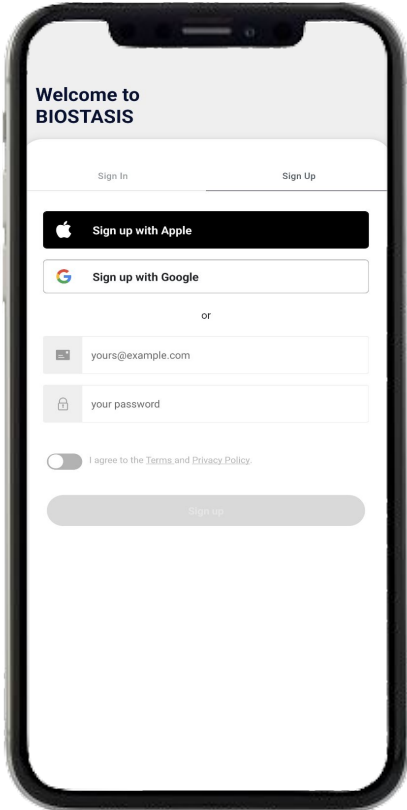


# **Biostasis App Manual**

**A guide to Tomorrow Bio's  
emergency app (beta)**



# Getting Started

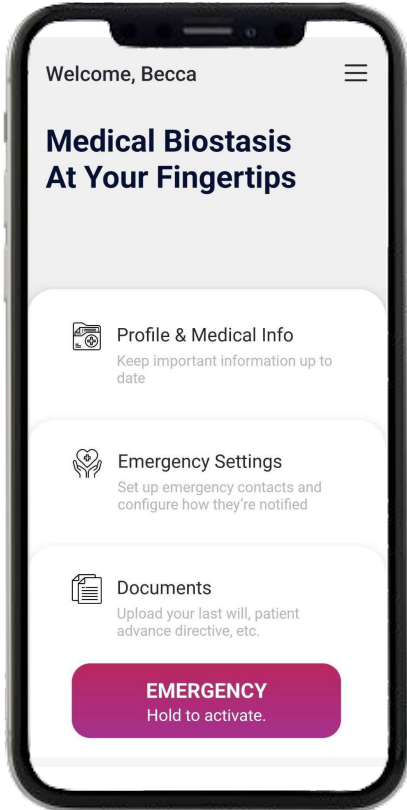


Create an account through Google, Apple, or by inputting an email or password

Your account needs to be verified through the link sent to your email. **The link must be clicked on the device where the app is downloaded.**



# Account Set Up

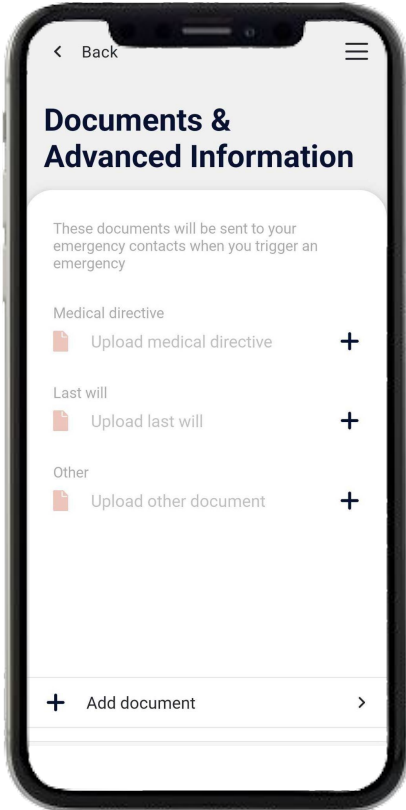


After verification you can log in and fill in basic information about yourself.

Once that's done, you should see the home screen to the left.



# Upload Documents

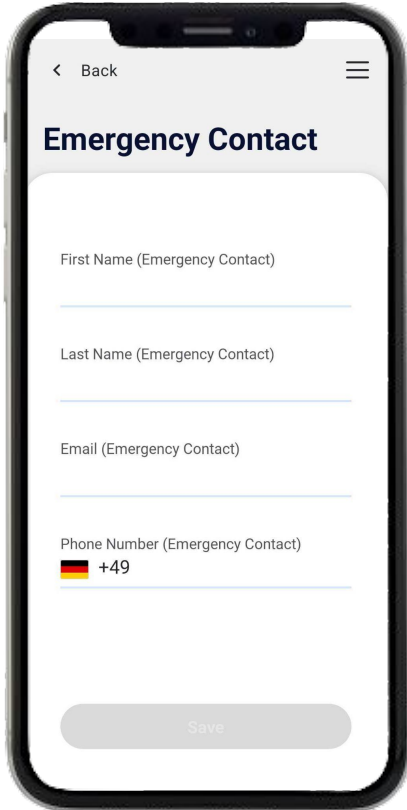


Click on Documents at the bottom of the home screen.

From here you upload any documents that you would want you contacts to receive in case of an emergency.



# Set Up Emergency Contacts



< Back


## Emergency Contact

First Name (Emergency Contact)

Last Name (Emergency Contact)

Email (Emergency Contact)

Phone Number (Emergency Contact)

 +49

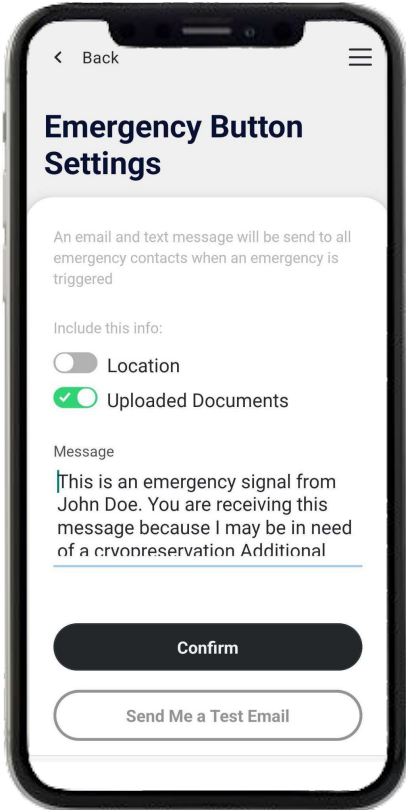
Save

For the emergency app to be useful, you first need to setup emergency contacts. You can create contacts by clicking on the Emergency Settings on your home screen.

Fill in the name, email, and phone number of your emergency contact. You can create as many emergency contacts as you would like.



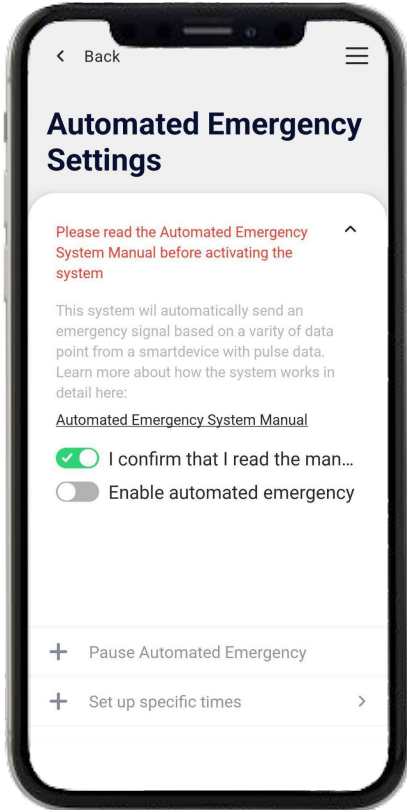
# Configure Emergency Message



Next, you can customize your emergency message text. Here you can also determine whether you would like your emergency contacts to receive the documents you uploaded and/or your location at the time of the emergency signal.



# Activate Emergency System

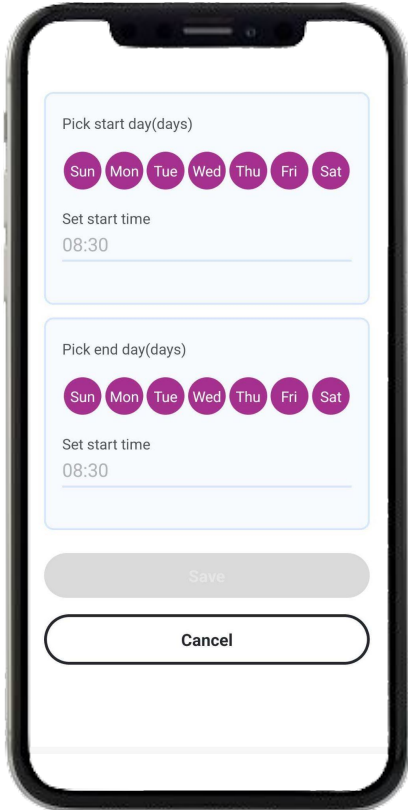


Now you activate the automated emergency system toggling to 'Enable automated emergency'

From there you can select whether you want to use the time based or pulse based emergency system and which time interval you want the system to check in on you.



# Pause Emergency System



The image shows a smartphone screen with a settings interface for pausing an emergency system. The screen is divided into two main sections, each with a title, a row of day selection buttons, and a time selection field.

**Pick start day(days)**  
Sun Mon Tue Wed Thu Fri Sat  
Set start time  
08:30

**Pick end day(days)**  
Sun Mon Tue Wed Thu Fri Sat  
Set start time  
08:30

At the bottom of the screen, there are two buttons: a grey "Save" button and a white "Cancel" button with a black border.

In the Automated Emergency Settings you have the option to pause the emergency system.

If you click 'Pause Automated Emergency' you can pause the system until a date and time that you select.

If you click 'Set up specific times' you can set up recurring pauses.





# Emergency System Behavior

The following describes the expected escalation of the emergency system. The exact messages in the time based and pulse based systems differ slightly, but the escalation for both systems is fundamentally the same.

1. A notification will be sent to the users phone checking whether they are ok. If there is no response within 5, minutes step 2 will trigger.
2. An SMS will be sent to the users phone with a link to stop the escalation. If there is no response within 5 minutes, step 3 will trigger.
3. An alarm will play on the users phone which cannot be stopped until the user verifies their health status. If there is no response for 10 minutes, step 4 will trigger.
4. The emergency message will be sent out to all emergency contacts by text and by email.



# Important Notes

- After an emergency signal is triggered, the automated emergency system will turn off. After a false alarm, you must activate the system again in the Automated Emergency Settings.
- **The pulse based trigger may not work with all devices.** The app cannot connect directly with your wearable device, it relies on a connection with Apple Health Kit or Google Fit for your pulse data. If your wearable device does not share pulse data consistently enough with Apple Health Kit or Google Fit, then there may be many false alarms with the pulse based system. There is nothing that we can do about this. If this is the case for you, switch to a longer time interval or to the time based trigger.
- If your Apple device is on silent, the emergency alarm may not sound. There is nothing we can do to override this. If you want to ensure that you will hear the alarm, you need to keep your device off of silent mode.

