

Holy Trinity Orthodox Church

Fr. Luke Mihaly

74 Joes Hill Road
Danbury, CT 06811
Rectory (203) 748-0671
Cell (203) 482-6223

PadreLuke@aol.com

www.holytrinitydanbury.org

Diocesan Website: www.acrod.org

Camp Nazareth:
<http://www.campnazareth.org>

Facebook:
<https://www.facebook.com/acroddiocese>

Twitter: <https://twitter.com/acrodnews>

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<https://youtube.com/acroddiocese>



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Welcome to Holy Trinity Parish

Today is Palm Sunday.
The Epistle is Philippians
4:4-9. The Gospel is from
John 12:1-18.

Holy Trinity is a diverse
and welcoming parish of
the Carpatho Russian
Diocese, under the
Ecumenical Patriarchate.

His Grace, Bishop
Gregory of Nyssa, is our
diocesan ruling hierarch.

Divine Liturgy is offered
Sunday at 10 am. As
reminder only those
Orthodox Christians who
are properly prepared are
invited to receive Holy
Communion.

Everyone is invited
downstairs following
Divine Liturgy for Coffee
Hour and Fellowship.

Come down and meet Fr.
Luke and the parishioners.



Our parish offers many
opportunities to pray,
to study and learn more about
Jesus Christ and His Holy
Orthodox Church.

If you have any questions
about the Orthodox
Church, our Faith, or our
parish please feel free to
contact Fr. Luke. He is

more than happy to meet
with you and talk.

Schedule of Services and Events for this week

Monday, April 25, 9 AM – Bridegroom Matins	Wednesday, April 27, 6 PM – Holy Unction Service	Saturday, April 30, 9 AM – Vesperal Liturgy
Monday, April 25, 6 PM – Presanctified Liturgy	Thursday, April 28, 9 AM – Vesperal Liturgy – Institution of the Eucharist	Saturday, April 30, 11 PM – Nocturne, Paschal Matins, Paschal Divine Liturgy followed by blessing of the Baskets and Agape Meal
Tuesday, April 26, 9 AM – Bridegroom Matins	Thursday, April 28, 7 PM – Matins and the Reading of the 12 Passion Gospels	Sunday, May 1, 12 Noon – Paschal Vespers
Tuesday, April 26, 6 PM – Presanctified Liturgy	Friday, April 29, 9 AM – Royal Hours	Monday May 2, 9 AM – Liturgy
Wednesday, April 27, 9 AM – Bridegroom Matins	Friday, April 29, 7 PM – Great & Holy Friday Vespers with Procession and Guarding the Tomb	Monday, May 2, 7 PM – Vespers/ Spirituality Class
Wednesday, April 27, 12 noon – Presanctified Liturgy		

Readers Schedule

4/17 – Sandi Fong
4/24 – Susan Paltauf
5/1- Paul Sulich

Coffee Hour

4/17 – Roz & Natalya
4/24 – Pot Luck/Lenten
Cook Off
5/1 – PASCHA
5/8 – Mother’s Day - see
Harry Fong and Paul Sulich

Help Re-stock Our Kitchen:
Decaf Coffee.

Easter Items Available—

We still have kielbasa,
Pascha breads, butter
lambs and some rolls and
cookies available if anyone
needs for their Easter
celebration. Thank you to
all the perogie pinchers,
bakers, kielbasa makers
and helpers at the sale that
made our bake sales so
successful!

Monthly Food Sales—Our

next monthly food sale is
Thursday, May 5th from 4
p.m – 7 p.m. If you are able
to help, see Rodger
Behrend or Susan Sulich.

Patriarchal Pence Special Collection today.

Orthodox Youth Mission Team Stock Sale | Martin Howley

Our team has been training for
the last 4 months and now we
need to raise the funds to send
25 teens and 10 adults to
West Virginia in July to
participate in the Appalachia
Service Project (ASP). We are
selling “stock shares” for \$10
each. All “stockholders” will
receive a postcard from our
trip and a special coffee hour
when we return with a
presentation about our trip.

Martin Howley has
moved. His new address
is: Torrington Health and
Rehabilitation Center,
225 Wyoming Avenue,
Torrington, CT 06790.
Marty is very happy to
hear from his parish
family—send a card
when you have time.

| Dorothy Day

Dorothy Day—Our next
date to serve at Dorothy
Day is Friday, May 6th
from 1:00-5:00 p.m. If
you can help out for part
or all of the afternoon,
please let Susan Sulich
know.

Adult Missions Star Quilt Raffle

Last fall on our adult mission
trip to help the Cheyenne
River Youth Project our group
participated in a raffle and
won a beautiful, handmade
patchwork quilt. We have
decided to raffle the quilt and
use the proceeds as seed
money for our next adult

mission trip. Tickets are \$5 each
and the drawing will be held on
Mother’s Day. A photo of the quilt
is in the hall. For tickets, see Bob
Young, Pani Bethany or Susan
Sulich.

| Clothing Drive

We are now collecting for our
4th clothing drive.

Lenten Fast

The following minimal fasting
regulations are designated for our
clergy and faithful for Lent:

1) Great and Holy Friday, and Great
and Holy Saturday, namely April 29
and 30 are days of strict abstinence.

On these days, no meat or dairy
products may be eaten.

2) Meat and meat products may not
be eaten during all of Holy Week,
namely April 25 through April 30.

3) For the evening Pre-sanctified
Liturgy, a minimum three-hours fast
from all food and drink must be
observed before the reception of
Holy Communion. Normal fasting
from midnight is still practiced
before the Liturgies of St. John
Chrysostom and St. Basil the Great.

**These are the minimal
requirements to observe during
this Season. But for those of
stronger body and more willing
spirit, I wholeheartedly
recommend the penitential
practices of a sterner quality
which the time-honored traditions
and customs of our Holy Orthodox
Church have handed down to us.**

they eat only uncooked food,
as on the opening days of the
first week. On Holy Thursday
one meal is eaten, with wine
and oil. On Great Friday those
who have the strength follow
the practice of the early Church
and keep a total fast; those
unable to do this may eat
bread, with a little water, tea or
fruit-juice, but not until sunset,
or at any rate after [the Burial
Service] at Vespers. On Holy
Saturday there is one meal
after the Liturgy of St. Basil,
with wine but not oil. *[This
material is taken from the
introduction to The Lenten
Triodion. In modern practice,
the above rules tend to be
somewhat relaxed, and they
have always been relaxed for
children and the infirm. Fast
as you are able, and consult
Fr. Luke as needed. As you eat
less physical food, it is
important to increase your
intake of spiritual food –
prayer and reading scripture
and the fathers of the Church.]*

During Holy Week: On the first three
days there is one meal each day, with
xerophagy; but some try to keep a
complete fast on these days, or else

Landscape Plans

The council has approved a plan to update the plantings in the front of the church.

Some of the shrubs and bushes have outgrown the space. They will be moved to new locations as possible and some

new plants put in. May 7th will be planting day if anyone would like to come and help.

In addition, we will be looking at our property plan and designating areas that need caretakers and will have

that available for sign ups soon.

Alcoholism and Addiction | Diaper Drive | Planting Day

The Akathist Service to the Icon of the Inexhaustible Cup has proven to be a great help to all those who know someone or who themselves are struggling with alcoholism and addiction. We at Holy Trinity have quietly started serving the Akathist to the Icon of the Mother of God of the Inexhaustible Cup. If you are interested in attending the service please see Fr. Luke. This service is open to all parishioners.

We're sponsoring a diaper drive to benefit the Women's Center of Greater Danbury. The Women's Center is a great resource and provides services to women & children in crisis or in need of temporary shelter. Unfortunately, many of the women utilizing the Center have babies and toddlers, so (as you can imagine), keeping up with the diaper demands is difficult. We'll be putting a wicker basket down in the hall for the rest of Lent to collect diapers or pull-ups in any size. If you have any questions, see Jennie Bostic

Planting Day—We will be putting in new plants in the front of the church on Saturday, May 7th. Helpers welcome.

Upcoming Events

Lenten Cook off – April 24th

Pascha – Sunday, May 1

Monthly Bake Sale – Thursday, May 5th 4-7 p.m.

Dorothy Day – May 6th

Mother's Day Brunch—Sunday, May 8th

Council Meeting—Sunday, May 15th after liturgy

OYMT Construction Work Day—Saturday, May 21st 8:00 a.m. – 4:00 p.m.

Parish Picnic—Sunday, June 5th

Bishop Gregory parish visitation – Sunday, June 19th

Altar Boys Retreat/Young Women's Retreat – June 26 to June 29

OYMT trip to Appalachia – July 9 to July 17

Camp Nazareth –July 24 to July 30

Birthdays

April	
Fr. Peter Paproski	24
Natasha Gross	25
Harry Fong	26
May	
Wylie Meath	2
Luca Szymanowicz	5
Robert Faubel	5
Nicholas Fong	6
Kaitleen Villa	12
Kevin Gutzman	20
Adrienne Fedyna	25
Paul & Susan Sulich Anniversary	28
Michael & Kathryn Kerpchar - Anniversary	29
Joe Derevjanik	31

Knitting Group: Our knitting group will be meeting certain Sundays, immediately following coffee hour. All ages and experience levels welcome. If you would like to learn to knit, see Suad for a list of supplies to bring and if you have any questions.

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“... a place of refuge full of love and joy.”



On the Feast of the Triumphal Entry Into Jerusalem (Palm Sunday)

Exactly one week before Pascha, we celebrate one of the 12 Great Feasts of the Holy Orthodox Church: The Feast of the Triumphal Entry Into Jerusalem. Let us take a moment to think about Christ’s entry into Jerusalem and compare it to His greater triumph at the other end of that same week. When He entered Jerusalem, our Lord had to some degree, everything that many people want out of life: He had the acclaim and respect of others; He was well known; and people gave Him the very coats off of their backs to welcome Him as they would have welcomed a king. How interesting it is to note that in His humility, our Lord turned all of this attention on its head by riding into town on the back of an “unclean” donkey, all the while appearing (to some, at least) to be ready to free His people and set up His kingdom! Although He knew what lay ahead for Him, He came willingly to Jerusalem. He did not hesitate.

By the end of that same week, our Lord had been stripped of everything (literally) and was treated in a way that no person ever wants to (or should!) be treated. He was ignored, mocked, beaten, and then, finally, cruelly killed. Once again, He turned all of this on its head. This time, however, He “rode” into Hades on the “back” of a cross, and destroyed Death by His death, bringing life to the entire world, freeing us all from Death, and opening the doors to His Kingdom to all. And again, He did not hesitate! And our world – indeed, our very LIVES – will never be the same!

It is important that we help our children learn about this feast, because of what it conveys to us about Christ and His Kingdom. It is easier to ponder Christ’s kingship when we think about all of those people waving palm branches and laying down their coats to welcome Him as He rode by. The depth of His humility is evident when we learn that donkeys were at that time considered to be unclean, and yet He deliberately chose to ride one. The Triumphal Entry shows us that Christ’s Kingdom is not of this world. He could have had an amazing earthly kingdom, but He chose something infinitely better, the Kingdom of Heaven, and then did everything that He could to free us from our chains so that we can be part of it. But that’s a festal celebration for another day.

Blessed is He that cometh in the name of the Lord! Hosanna in the highest!

We’re on the Web!
holytrinitydanbury.org

Lenten Cook-off and Pot luck | Cabin Dedication

Palm Sunday, April 24 we will have a Lenten cook off and Pot luck coffee hour. Bring your favorite recipe to share with your parish family.

All of us are invited to take part in the dedication of the newly renovated and expanded cabins at Camp Nazareth in Mercer, PA on Wednesday, May 11. We are invited to the Service of Dedication which will take place at 10 AM on that day and then to the brunch which will be served at the Main Lodge following the dedication.

| Good Friday Tomb Watch

The sign-up sheet for the Good Friday Tomb watch is in the vestibule. Please sign up to Guard/Watch Christ tomb from Good Friday after services to Holy Saturday morning Divine Liturgy.