



# Registration Form

Saturday October 1, 2005

Opening Ceremonies: 9:00 a.m.

Race Start Time: 9:30 a.m.

**NO RACE DAY REGISTRATION.**

Last day of entries is September 19, 2005 Strict limit - 550 entries

## Fees

\$60 (Cdn) for 25K, \$65 (Cdn) for 50K

Includes: Post race dinner, pre-race breakfast, park admission, and registration gift.

Additional meal tickets can be purchased for guests with advanced notice.

\$15.00 / adults \$8.00 / children (under 12)

**Cheques payable to: "Run for the Toad" and mail to:**

George & Peggy Sarson c/o Run for the Toad  
4 Willow Street, Unit 703,  
Waterloo, Ontario, Canada  
N2J 4S2

Race registration also available at Runners' Choice - 247 King Street North, Waterloo, Ontario (519) 884-5361

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Prov/State: \_\_\_\_\_ Postal/ZIP: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

E-Mail: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Sex: M/F \_\_\_\_\_

<input type="checkbox"/> 25K	Please check the
<input type="checkbox"/> 50K	desired race <input checked="" type="checkbox"/>
<input type="checkbox"/> 25K Military	
<input type="checkbox"/> 50K Military	
<input type="checkbox"/> 25K Walking	

ORA/OTFA No.: \_\_\_\_\_

### Release, Waiver and Indemnity

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the 2005 Run for the Toad, I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE Pinehurst Lake Conservation Area Authorities, Grand River Conservation Authority, Peggy Sarson, George Sarson, Don MacFarlane, Ontario Road Runners Association and the Ontario Track and Field Association, and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason or my participation in the said event, whether as a spectator participant, competition or otherwise, whether prior to, during or subsequent to the event NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY all the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event. BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY, I WARRANT that I am physically fit to participate in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If under 18 Years, Parent or Guardian Signature: \_\_\_\_\_