



outdoor sports centre

information and activities brochure

welcome to the sports centre

opening times

Monday - Sunday

9am - 10pm

booking office

Monday - Thursday

9am - 5pm

Friday

9am - 4pm

All information correct at time of going to press

All pre-booked activities must be paid for in advance, at the time of booking

The sports centre can cater for people with disabilities

For a full list of prices and the events programme, please check the website or call the Sports Centre booking office on 023 8079 0693. We hope you enjoy your visit.

southampton sports centre

Thornhill Road, Bassett,
Southampton SO16 7AY
T 023 8079 0693
F 023 8078 0821

The Sports Centre was opened by the Duchess of Kent in May 1938. The Sports Centre is set in 150 acres of land and is one of the few outdoor leisure venues in Southampton.

The Sports Centre provides excellent sporting facilities, open to all to promote a healthier lifestyle. Within the 150 acres you will find ideal training grounds for a wide range of outdoor sporting activities, available at affordable prices.

Your interest may be in competitive sport, recreation or your own health & fitness objectives. Whatever level of physical activity suits you, why not get involved in some of the excellent opportunities offered to you at the Sports Centre including:

football	tennis	putting	cyclo-cross
netball	athletics	hockey	volleyball
cricket	bowling	rounders	crazy golf

Customer Charter

The Sports Centre is committed to providing the best facilities and service to all its customers. As a commitment, we have a customer charter outlining our objectives in ensuring high customer service. For further details about our customer service please refer to the venue noticeboards or ask a member of the team.

customer comments

We welcome any feedback or comments you may have. Customer comment forms are available at reception, and all our staff will be happy to hear your comments. Alternatively, you can write to: The Outdoors Facility Manager, The White House, Sports Centre, Bassett, Southampton SO16 7AY.

only a click away

www.southampton.gov.uk/leisure

News, brand new activities, school holiday info, opening times and other general information.



football... the beautiful game

The FIFA World Cup is the most watched sports event on Earth. There are more member-countries of FIFA, (the sport's governing body), than there is in the United Nations.

Clubs can book facilities for additional training and friendly matches. Block bookings are available, customers can book up to 8 days in advance for 60/ 90 minutes of action. Two high quality, full size floodlit synthetic pitches are available 7 days a week. The five full size grass pitches are available from September through to April. The pitches are ideal for training and building fitness.

Open to schools, general public and club hire. Full changing and showering facilities are available.

for all those football & cricket enthusiasts

The following areas are all available to hire, for a variety of outdoor sports and recreational activities. Call 023 8079 0693 for bookings and enquiries.

Lordshill recreation ground - Redbridge lane, Lordshill
Mayfield park - Weston lane
Green park - Wimpson lane, Millbrook
Millbrook recreation ground - Third avenue, Millbrook
Hoglands park - Palmerston road
Veracity ground - Merryoak road, Sholing
Bitterne park - Manor farm road
Riverside park - Woodmill lane, Bitterne



athletics . . . track & field

The track, which is an 8 lane international standard facility, plays host to training for several athletics clubs and even some Olympic athletes... Roger Black and Ewan Thomas are both protégés of the Sports Centre.

The track is available for training throughout the week.

Open to casual users, clubs, teams and societies.

For the more dedicated athlete why not look into purchasing an Athletics Saver Card -so you can get the most value out of your training sessions.

netball

The first World Netball tournament was held in the UK in 1963, with a total of 11 countries participating. Australia emerged as the first World Champions.

Here at The Sports Centre there are 10 purpose built floodlit courts, which are available all year round. A great place to train and participate in matches, open to schools, clubs and local teams. The Sports Centre currently plays host to the Mid-Hants netball association's league matches and competitions.

cricket pitches

Why not get together with a group of friends and participate in some traditional sport. The Sports Centre hosts the Southampton Evening Cricket League. The 5 purpose built Cricket pitches are available from May to September.

tennis

Tennis is a challenging, competitive and enjoyable game that is accessible to all. It builds both aerobic and anaerobic fitness by burning fat; improving cardio vascular conditioning and helping muscles use oxygen efficiently.

The 12 floodlit courts have recently been refurbished and are available all year round. Ideal for schools, casual users, clubs and groups. Throughout June, July and August the Sports centre holds its annual Wimbledon promotion, which means you, can use the hard surface courts at discounted prices. A fantastic summer activity that will allow you to attempt to produce some of those great shots seen in the championships.

Coaching sessions - Building the foundation of Wimbledon Champions. Tennis coaching sessions are usually run during the summer holidays. Call the booking office for full details.

putting & crazy golf

A 12 hole crazy golf course is available to keep you entertained and challenged as well as a 18 hole putting green. There is no need to book these facilities, simply turn up, pay and play. (Putting is available April - September)

children's activities

There are a number of junior activities held during the half-term, Easter and Summer school holidays. Just click on the website to find out more.

£1 synthetic pitches

Enjoy a kick around for £1. 6 - 16 years, subject to availability

sporting special

This event involves juniors moving from area to area taking part in a variety of activities, some of which will be competitive. Purchase a Sporting Special and gain access to:

Crazy Golf

Putting

Tennis

Use of synthetic pitches

Call the booking office for full details.

startrack athletic coaching

Interested in Athletics? Why not attend the professional coaching sessions and get the most out of your sessions. 8-10 years, 11-12 years and 13-15 years.

schools

The Sports Centre provides special rates for schools who would like to take advantage of the diverse range of outdoor sports available. We understand Schools play a key role in preparing children for organised sport. Sport has an important role to play in meeting National Health targets and improving quality of life. The Sports Centre will give pupils access to the very best sports opportunities in the city.

the hottest day of the year can only mean one thing - sports day!

The perfect time of the year to get the whole school community together to participate in sports. The Sports Centre team know how much stress is involved in arranging events such as this, so that's why they are able to organise the event and provide a variety of activities/staff/equipment so that pupils can experience all aspects of sports.

special events take some time out of the office

The picturesque setting of the sports centre makes it the perfect environment. Flexibility is the key to the Sports Centre's success, so whatever you need to make your event a success you will find it here. The Sports Centre team works in partnership with residents of the city to create the perfect environment for both work & leisure.

The Sports Centre provides all kinds of corporate events whether it's a one off sports event, team building, scavenger hunt or team development. The multi activity or team challenges ensure there are many benefits your team will take back to the office. Team building exercises can be designed from just a couple of hours up to a few days. Catering, changing and showering facilities are all available on site.

Team building & Outdoor activity encourages:

Communication	Strategy Development	Creativity
Time Management	Delegation	Negotiation

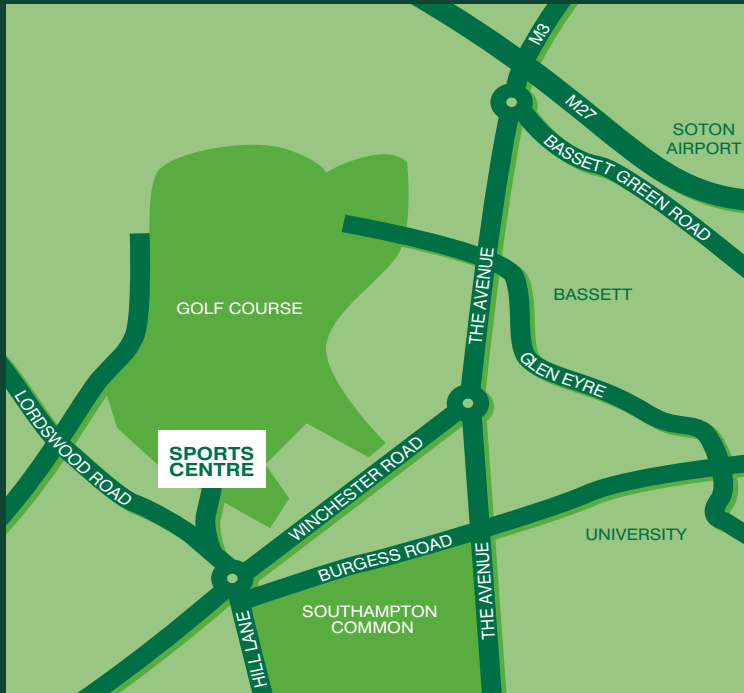
bowls green

There are 12 superbly maintained grass bowl rinks, available from May to September. For a more cost effective option - why not purchase a Season ticket. Rinks are available for casual hire or from Southampton Bowls.

club contacts

Team Southampton, Miss C Dawkins	023 8086 0743
Southampton running club, Mr Tony Fern	023 8079 0364
Southampton hockey club, Mr Roger Merry	023 8073 5737
Mid-hants Netball association, Mrs Chris Grainger	023 8073 4968

www.southampton.gov.uk/leisure







where to find us

From M27 east exit at junction 5, from M27 west exit on M271 and follow signs for Lordshill, from M3 exit at junction 14 (sign posted as A33)

other local sporting venues

Oaklands Pool, Fairisle Rd, Lordshill	023 8074 1414
Southampton Municipal Golf Course, Bassett	023 8076 0546
Chamberlayne Leisure Centre, Weston Lane	023 8043 7668
The Quays, 27 Harbour Parade, Southampton	023 8072 0900
Bitterne Leisure Centre, Dean Road, Bitterne	023 8043 7647
St Marys Leisure Centre, St Marys Rd	023 8022 7579

All written information is available, on request, in **larger print**, Braille   on audio tape  and on disk . It is also available in other languages. Please contact Sports Centre on 023 8079 0693.

