

ASCHEHOUG

AGENCY

NON-FICTION
AUTUMN 2009



SOCIETY / PSYCHOLOGY

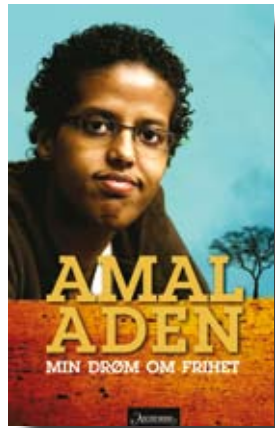
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AMAL ADEN

My Dream of Freedom

(Min drøm om frihet)

First published: 2009, 176 pp

In this autobiographic story we meet a vulnerable child who survives a Somalia ravaged by civil war, and a youth who survives a dreary existence in the inner east side of Oslo. *My Dream of Freedom* is about the author's life, the way she remembers it – dialogues and monologues, experiences and reflections.

ALSO BY AMAL ADEN:

ABC I INTEGRERING (ABC to Integration), 2009

SE OSS (See Us - A Young Norwegian-Somali Woman Sounds the Alarm), 2008



MERETE MORKEN ANDERSEN

The Book of Writing

(Skriveboka)

First published: 2009, 768 pp

This is the book for everybody who wants to develop their personal voice in writing, and for everybody who wants to get started with their writing project. Starting out with her general theory of the phases of creative writing (“the model of the five muses”), Andersen proceeds to give thorough and very practical advice for writing poetry, fiction and non-fiction. Other chapters provide tips and thoughts on practical aspects of the writer's life, information on how language works in different kinds of less literary language situations, such as speeches, love letters and internet blogs as well as reflections on writing for therapeutical reasons or in order to explore one's inner self

The book can be used both as a reference book and as a practical handbook, and is packed with tips, tricks and advice regarding writing techniques. Merete Morken Andersen has years of experience with the art of writing – as a writer of fiction, a publishing editor and as a teacher of both fiction and non-fiction writing.



SINDRE BANGSTAD

The Faces of Secularism

(Sekularismens ansikter)

First published: 2009, 288 pp, Universitetsforlaget

In the last few years secularism has been the topic of increasing attention in international academic literature. Secularism is studied within philosophy, sociology of religion, anthropology and political science, and is of current interest in the Norwegian as well as the European public debate.

The Faces of Secularism is a knowledgeable and thought-provoking introduction to secularism: the term, the theories and their foundations and the different faces of secularism in the real world. The book gives a unique insight into the history of secularism and what secularism is. It introduces some of the most central theorists of secularism in modern time, like Charles Taylor, Talal Asad, John Rawls, Abdullahi Ahmed an-Na'im and Jürgen Habermas, and illustrates “non-Western” experiences with secularism in India and South Africa.



STIG INGE BJØRNEBYE

Breaking Away

(Løsrivelse)

First published: 2009, 112 pp

Followers of English football will remember Stig Inge Bjørnebye: the kid from Norway who became a professional football player with Liverpool FC in 1993 and who later became one of the most important players for the Norwegian national team. It was the childhood dream come true.

The reverse of the coin has never before been revealed. No one knew that the successful football player was curled up on the floor of his luxury flat in Liverpool in pure anxiety. No one knew that he found the discomfort of the celebrity frenzy so strong, he developed a distaste for his own life.

Breaking Away is just that, Bjørnebye's attempt to break away from the life he lived. A confrontation with who he was, and a beginning of who he wants to be. It is not a book about football, but the story of how life in the spotlight can leave painful scars.



NILS CHRISTIE

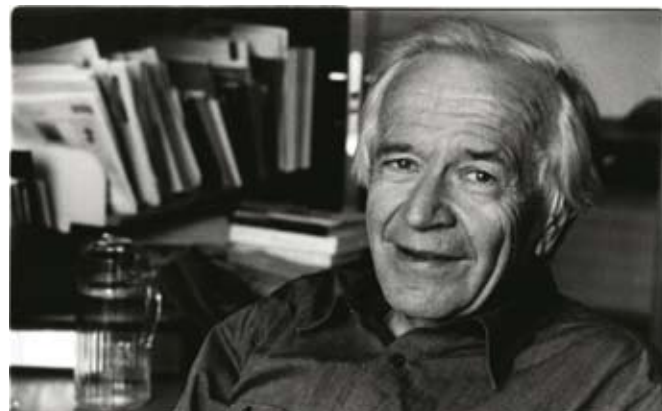
Small Words for Big Questions

(Små ord for store spørsmål)

First published: 2009, 128 pp, Universitetsforlaget

Shaping words is serious business. Words can create bridges. But they can also create barriers. The goal of this book is to extend the linguistic common ground, extend the circle of people who want to and are able to participate in conversations about life and society. The best way of doing that is preserving the respect for small everyday words.

The book gives specific advice on writing, and also how things should not be written.



Nils Christie (b. 1928) is a world-renowned criminologist whose work has been published in a great number of languages. His PhD thesis from 1960 questioned the way in which society differentiates between what is criminal and what is not, which has remained a central theme throughout his career.

He has written several groundbreaking books, among others his famous study about the different functions of the school, books about drug problems, about the functions and justifications of punishment and the relationship between crime and society's development. Nils Christie is a professor of criminology at the University of Oslo.

ALSO BY NILS CHRISTIE:

EN PASSENDE MENGDE KRIMINALITET (A Suitable Amount of Crime), 2004: **English** (Routledge), **Danish** (Hans Reitzel), **German** (C.H. Beck), **Italian** (Colibri), **Japanese** (Yushindo-Kabunda), **Polish** (PSEP), **Serbian** (Clio), **Swedish** (Natur och Kultur)

KRIMINALITETSKONTROLL SOM INDUSTRI (Crime Control as Industry), 1993: **Chinese** (Hong Kong Univeristy), **Hungarian** (Osiris), **Japanese** (Shinzansha)

BORTENFOR ANSTALT OG ENSOMHET (Beyond Loneliness and Institutions), 1989: **English** (Wipf & Stock), **Danish** (Klim), **French** (Atelier de Creation), **Italian** (Eleuthera)



AUD DALSEGG AND INGER WESCHE

Escaping the Grip of a Psychopath

(Ut av psykopatens grep)

First published: 2008, 320 pp

Foreign rights sold: **Swedish** (Optimal)

"We have searched for stories where the victims have found a way out of the grip they have been held in. It is possible to create a new life for oneself, in which you are not controlled by others, but are in charge yourself. We hope this book can inspire victims to seek a freer and more dignified life."

- THE AUTHORS

This book differs from previous publications on psychopathy by focusing on the victims. In addition to illuminating the problem in itself, it provides specific advice on how to break away from the hold of a psychopath. It also deals with the situation of the children, and the consequences for them. The book is useful for everyone who would like to learn more about psychopathic behaviour and how it can affect families and professional life.



BERNT HAGTVET (ED.)

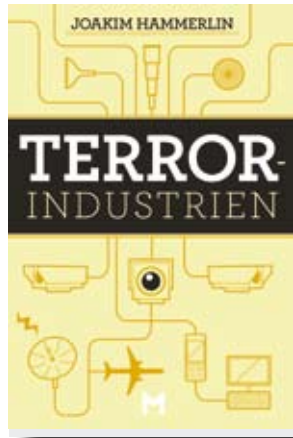
The Black Book of Genocide

(Folkemordenes svarte bok)

First published: 2008, 672 pp, Universitetsforlaget

With nazism's attempt to physically exterminate unwanted groups of people, most people believed that the low point of civilization had been reached. The UN's Universal Declaration of Human Rights and Genocide Convention were clear signs that international society wished to put an end to atrocities like this.

However, history both in and outside Europe has shown that the era of genocides is not over, most recently in Darfur. In this book, the stories of the genocides and political mass injustices of the 20th century are told. The different contributions aim to increase the comprehension and knowledge of what crimes we are faced with, and the many attempts within different fields to understand the background for human malice. The book also has a clear political purpose: To inform and give the reader a feeling of responsibility, thereby making us able to prevent this ever happening again.



JOAKIM HAMMERLIN

The Industry of Terror

(Terrorindustrien)

First published: 2009, 269 pp, Manifest

Did you know that European authorities have started registering your movements, who you communicate with, your political sympathies and your sexual preferences? Our liberties and rights are being undermined. Government by law is increasingly under pressure due to the state's need to control its citizens. All in the name of fighting "terror" – an enemy which during the last 40 years has claimed fewer lives than lightning.

Packed with frightening facts, the book reveals everything from the extensive information gathering and sharing between intelligence agencies, to more more scientific projects like talking cameras, face and walk recognition technology and projects that aim to identify possible terrorists among airpassengers by brainscanning or stress sensors in seats;

Under pretext of "the war on terror", control and surveillance that creates an unfree society is being introduced. This book gives a frightening insight into a society of control in ongoing development. It raises a big question for our democracy: Is this really what we want?

"Well documented ... the book's great strength is the way it shows the facts behind myths and delusions."

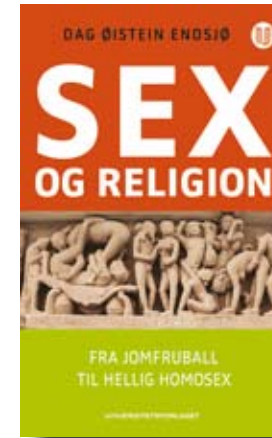
STAVANGER AFTENBLAD

"Beyond being convincing, academic and solid, Hammerlin excels by mastering an unusually reader-friendly form of non-fiction."

KLASSEKAMPEN



Joakim Hammerlin is a philosopher. *The Industry of Terror* is his first book.



DAG ØISTEIN ENDSJØ

Sex and Religion From Virgin Balls to Holy Gay Sex

(Sex og Religion - Fra jomfruball til hellig homosex)

First published: 2009, 256 pp, Universitetsforlaget

Religion prohibits and orders sex, condemns and blesses, punishes and rewards. The gender of your sex partner, your marital status, the colour of your skin, your religion or caste are all factors that can lead you to redemption or perdition. Welcome to the sexual universe of religion.

While Christian teenage girls go to balls where they promise God that they will relinquish sex until they are married, Buddhist monks call attention to gay sex as a holy mystery. There is no simple key to the relation between sex and religion. While the sexual religious debate in Norway is centred on gay people's place in church, others ask whether there should be death penalty for hetero sex, whether promiscuity leads to hurricanes and nuclear war, whether God condemns marriage between black and white and why some religious sex rules are emphasized while others are forgotten.

In *Sex and Religion* the author takes a closer look at the different religions' attitude towards straight sex and gay sex, sex racism and daemon sex, duty sex and abstinence, oral sex, anal sex, divorce and bigamy. The book also covers what religions say about the consequences of different types of sex, how sex is used ritually and notions of sex beyond the human existence.

"Sex and Religion is as rare a thing as an entertaining academic book."

BERGENS TIDENDE

"Presented with such an intelligent pen, such a sharp gaze and against such a rich background that the reader is, well, impressed ... outstanding from beginning to end ... as useful at cocktail parties as at academic conferences."

MORGENBLADET



Dag Øistein Endsjø is assistant professor at the Department of Archeology, History, Cultural Studies and Religion at the University of Bergen. He has written a number of books on gender, sex and religion.

THOMAS HYLLAND ERIKSEN

The Paradox of the Big Bad Wolf

The Loss of Life Satisfaction and its Recovery in the Affluent Society

(Storeulvsyndromet - Jakten på lykken i overflodssamfunnet)

First published: 2008, 208 pp

Foreign rights sold: Swedish (Nya Doxa), Czech (Doplnek), Danish (Tiderne skifter)



We - the global middle class - are living in paradise, and yet we continue to complain. We live longer than ever before in human history, we work less and are healthier than previous generations. We can eat anything we like, listen to our favourite music whenever we like, read whatever we like. Most people have paid vacations when they are free to travel the world or just stay at home and do nothing.

Yet we are not satisfied. Studies show that life satisfaction has in fact decreased slightly since the 1950s. Abundance has not made us happy; the good life appears to be just as elusive as it was in the age of scarcity.

This original book draws on academic research, fiction and personal anecdotes in an attempt to find out what makes life worthwhile. The author explores the Law of Diminishing Returns, the spectre of comparisons, why expectation lasts longer than enjoyment, and why it is so important to be allowed to do something difficult. On our way we encounter Plato, Cinderella, Claude Lévi-Strauss, Mihaily Czikszentmihaly, Peter Wessel Zapffe, Paul McCartney, Slavoj Zizek and many others, on a journey that brings the reader to places like Kerala, Bronx, Ladakh, Costa Rica and The Seychelles, but one which begins and ends right where every single one of us are right now.

The ideas developed in this book are both immediately recognisable and surprising at the same time, and the underlying political agenda is bound to have consequences for the way we will live our lives in what remains of this century.

Thomas Hylland Eriksen (b. 1962) is Professor of social anthropology at the University of Oslo and the author of numerous books on anthropological and cultural issues. His research spans from ethnic relations to nation building and cultural dynamism in multicultural societies.



Tyranny of the Moment

Fast and Slow Time in the Information Age

(Øyeblikkets tyranni)

First published: 2001, 217 pp

Foreign rights sold: Czech (Doplnek), Danish (Tiderne Skifter), Dutch (Agora), Finnish (Johnny Kniga), English (Pluto Press), French (Ed. Homnispheres), German (Verlag Herder), Greek (Savalas Publishers), Hungarian (Helikon Kiadó), Italian (Elèuthera), Korean (Mulpure Publishing), Latvian (Sia Apgads Norden), Lithuanian (Tyto Alba), Polish (Pánstwowy Instytut Wydawniczy), Russian (Ves Mir), Serbian (Biblioteka XX Vek), Swedish (Nya Doxa), Turkish (Tavanarasi), Ukrainian (Calvaria Publishers)

This surprising and original book argues that slow time is a main scarce resource in the information age. Parents, readers, pensioners, wage workers, executives, unionists and politicians have a common cause here.

Using a wealth of examples, this book offers an accurate and wide-ranging diagnosis of this hurried era. It shows in which ways phenomena such as soap operas, correspondence, the youth cult, advertising and “flexible work” are connected to a logic of acceleration and fragmentation, with information technology as a driving force, and how they are connected with the history of modern society.

“... an entertaining and important book, popular science in the best sense of the term – easy to read, thought-provoking and informative”

SVENSKA DAGBLADET, SWEDEN

“...I found myself both charmed and challenged by its breathlessness. The subject is an important one, and Thomas Hylland Eriksen handles it with both style and a light touch”

TODD GITLIN, NEW YORK UNIVERSITY

ALSO BY THOMAS HYLLAND ERIKSEN:

SMÅ STEDER – STORE SPØRSMÅL (Small Places – Large Issues), 1998 (Universitetsforlaget): Chinese (Commercial Press), Czech (Portal), English (Pluto Press), Finnish (Gaudemus), Hungarian (Gondolat), Indonesian/Bahasa (Penerbit), Polish (Oficyna Wyda Wnicza Volumen), Turkish (Birlesik)

EGOISME, 1999 (with Dag O. Hessen): Danish, Russian, Swedish

HVA ER SOSIALANTROPOLOGI, 2003 (Universitetsforlaget): Danish (Akademisk Forlag), English (Pluto Press), Swedish (Natur och Kultur), Turkish (Birlesik)

RØTTER OG FØTTER (Roots and Feet), 2004: Danish (Tiderne Skifter), Latvian (Apgads Norden), Swedish (Nya Doxa).



SOLOMIA KAROLI

The Gypsy King's Daughter

(Sigøynerkongens datter - Historien om mitt liv)

First published: 2009, 190 pp

Solomia Karoli, daughter of the “gypsy king” Polykarp Karoli, presents an amazing life story. She was born in a gypsy camp in Oslo in 1962. The next year, she was left in an orphanage in Germany, and until present day she has had a dramatic and volatile life. *The Gypsy King's Daughter* is a gripping story unlike any other. The book is also an indignant work of accusation – against Norwegian authorities for their treatment of Roma, and against some of her own people because they are stuck in a destructive past instead of building a better future for the next generation. Based on hard-earned experiences, Solomia Karoli gives specific advice to those who determine the fate of the Roma minority.

This is Karoli's first book, and the first autobiography by a Norwegian Roma.



AUDUN LYSBAKKEN AND INGVAR T. SKJERVE

The Participants A Journey in the Future of Democracy

(Deltakerne - En reise i demokratiets framtid)

First published: 2009, 213 pp, Manifest

Is the solution for the current economic world crisis to be found in an expanded democracy? Can we get by without capitalists?

According to the authors, the fact that we go to the polls every fourth year is not enough. Thus, they embark on a journey searching for options – to Porto Alegre in Brazil, Sevilla in Spain, London, Rotterdam and Trondheim - and find a world where employees chose their own boss, voters make political programmes and people are directly involved when municipalities decide the budget.



ASLAK NORE

Extremistan

Fear and hope in multicultural Norway

(Ekstremistan - Frykt og håp i det flerkulturelle Norge)

First published: 2009, 296 pp

Within one generation, ethnic Norwegians can be a minority in Oslo. What kind of city will it be then? Aslak Nore asks the questions many have thought of, but none have dared mention – questions that will dominate Norwegian debates in the decades to come. Stories about the new Norway are combined with international research within psychology, demography and economy.

The author's experiences from Latin America, the Middle East and the US shed light on the reality of multicultural Oslo. Nore also takes vivid retrospective glances at his own adolescence in the 90s. The result is absorbing and informative, uplifting and uncomfortable. *THE EXTREMISTS* is a renewal of the dialogue about multicultural Norway.

Aslak Nore is a journalist, writer and editor. He made his literary debut in 2007 with *God is Norwegian*, a journalistic analysis of Norwegian peace-making politics in action, based on his own experience as a journalist in Afghanistan and Iraq and as a UN soldier in Bosnia.





ERLING ROLAND

The Psychology of Bullying

(Mobbingens psykologi)

First published: 2008, 189 pp, Universitetsforlaget

The Psychology of Bullying is a work of fundamental importance to anyone who wants to understand the phenomenon of bullying in school. This examination of Norwegian and International studies and other contributions to the understanding of bullying brings new insight into recognizing different faces of bullying, recognizing who become a bully and a victim, and the important role the class, the school and home conditions plays.

An easily read and absorbing book, *The Psychology of Bullying* should be of great interest to both teachers, teacher students and parents.

Erling Roland is a Professor at the Center for Behavioral Research at University of Stavanger, Norway.



INGER MARIE SPANGE

The White Wind

(Den hvite vinden)

First published: 2009, 302 pp

This is a story about having it all – love, a daughter and twin boys. One day the boys run away from their nanny and are found floating in the river. One of them makes it, the other one dies. How can you find your way back to life after this? *The White Wind* is an intense and gripping story of getting through endless grief and how the zest for life slowly returns.

Inger Marie Spange is Art Director at an advertising and design agency. This is her first book.



ANNE-LISE LØVLIE SCHIBBYE

Consciousness of Life

Being Present in Your Own Life

(Livsbevissthet - Om å være tilstede i eget liv)

First published: 2006, 207 pp

Foreign rights sold: **Danish** (Akademisk)

What's the secret behind some people's ability to create a life full of meaning and depth? To be able to master daily challenges with a sense of presence – to themselves and others? How do I perceive myself as a unique, independent human being? In other words; how do I increase my own life consciousness?

With existential philosophy as a backdrop, Anne-Lise Løvlie Schibbye demonstrates possibilities in our everyday life, for living the life we have been given. Her book is easily read, but at the same time deeply profound – it will definitely move the reader, also in the long term.

List of contents

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Anne-Lise Løvlie Schibbye is a psychologist, with a Ph.d. from the USA. Throughout her 30 years as assistant professor at the University of Oslo, she has combined research and lectures with her clinical practice. She has published scientific literature, articles, as well as works of popular science. Her previous book, *A dialectic understanding of relations in psychotherapy with individuals, couples and families* (2002), has become a classic and is also published in Sweden and Denmark.



LARS FR. H. SVENDSEN

Fear

(Frykt)

First published: 2007, 189 pp, Universitetsforlaget

Foreign rights sold: Chinese (Peking University Press), Croatian (TIM Press), Danish (Forlaget Klim), English (Reaktion Books), Italian (Alberto Castellvecchi), Russian (Progress Tradition), Serbian (Geopoetica).

Those who control fear in any given society also control that society itself.

We live in a culture where fear has become all-consuming: it governs our private lives and the public consciousness. We're bombarded with threats about dangers from the media, politicians and special interest organizations. In a time when when we are safer than ever before, fear thus undermines our freedom, creates distrust and makes us irrational in our efforts to minimize risks.

Deeply annoyed by the way fear is colonizing our lives, the author explains what fear is, and demonstrates how it is being exploited for political and economic ends.

Fear is a thought-evoking book about a complex phenomenon, and a call for humanistic optimism.



Lars Fr. H. Svendsen (b. 1970) is a doctor of philosophy and associate professor of philosophy at the University of Bergen. Svendsen is well known for his many books, among them his bestselling first book *A Philosophy of Boredom*, which has been translated into 17 languages.



The Philosophy of Boredom

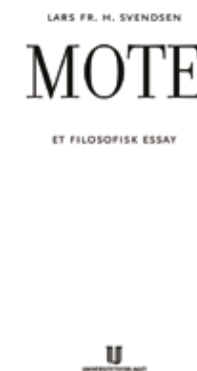
(Kjedsomhetens filosofi)

First published: 1999, 200 pp, Universitetsforlaget

Foreign rights sold: Brazilian Portuguese (Jorge Zahar Ed.), Chinese (Peking University Press), Croatian (TIM), Czech (Kniha Zlín), Danish (Klim), Dutch (Agora), English (Reaktion Books), Finnish (Tammi), French (Fayard), German (Insel), Greek (Savalas), Hebrew (Agur), Italian (Ugo Guanda), Japanese (Shuiesha), Korean (Booksea), Russian (Progress Tradition), Serbian (Geopoetica), Spanish (Tusquets), Swedish (Natur och Kultur), Turkish (Tavanarasi), Urdu (Mashal Books)

It has been described as a "tame longing without any articular object" (Schopenhauer), "a bestial and indefinable affliction" (Dostoevsky) and "time's invasion of your world system" (Joseph Brodsky), but very few of us can explain precisely what boredom is.

A Philosophy of Boredom investigates one of the central preoccupations of our age as it probes the nature of boredom, how it originated, how and why it afflicts us, and why we cannot seem to overcome it by any act of will. Bringing together observations from philosophy, literature, psychology, theology and popular culture, Lars Svendsen examines boredom from its pre-Romantic manifestations over Beckett and Andy Warhol to American Psycho and modern feelings of alienation and transgression. A witty and entertaining account that considers a serious issue, this book will appeal to anyone curious to know what lies beneath the overwhelming inertia of inactivity.



Fashion

A Philosophical Essay

(Mote - Et filosofisk essay)

First published: 2007, 188 pp, Universitetsforlaget

Foreign rights sold: Chinese (Peking University Press), Croatian (TIM), Danish (Klim), Dutch (Ten Have), English (Reaktion Books), Italian (Ugo Guanda), Portuguese (Jorge Zahar), Russian (Progress Tradition), Serbian (Geopoetica), Swedish (Nya Doxa)

The main focus of this book is on fashion in clothing, but the importance of transient fashions in arts, politics and philosophy is also discussed. An important concern for the author is clarifying how fashion, modernity and human identity are related.

Fashion is a combination of conformity and individual choices. The development of fashion as a historical phenomenon demonstrates a main feature of modernity, namely the break with tradition. The shorter and shorter cycles of fashion indicate a more complicated notion of an increasingly transitory Self. Everyone interested in fashion, art, history, aesthetics and philosophy will find *Fashion* a fascinating book.

ALSO BY LARS FR. H. SVENDSEN:

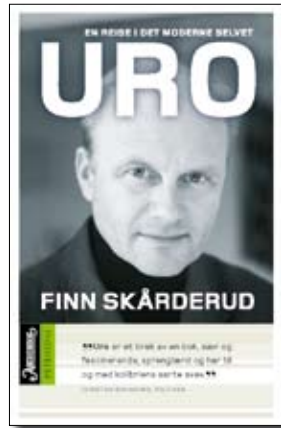
DET SANNE, DET GODE OG DET SKJØNNE (Truth, Goodness and Beauty) 2004 (with Simo Säätelä): Danish (Forlaget Klim).

HVA ER FILOSOFI (What is Philosophy), 2003: Danish (Forlaget Klim), Swedish (Natur och Kultur).

ONDSKAPENS FILOSOFI (A Philosophy of Evil), 2001: Danish (Forlaget Klim), English (Dalkey Archives), Russian (Progress Tradition), Serbian (Geopoetica), Swedish (Natur och Kultur).

MENNESKET, MORALEN OG GENENE (Humanity, Morality and Genes), 2001.

KUNST (Art), 2000: Danish (Forlaget Klim).



FINN SKÅRDERUD

Turmoil

A Journey through the Modern Self

(Uro - En reise i det moderne selvet)

First published: 1998, 464 pp**Foreign rights sold:** Danish (Tiderne skifter), Dutch, German (Rogner & Bernard), Lithuanian (Tyto Alba), Russian (Bachrach Publ.), Swedish (Natur och Kultur).

“Strictly speaking, parachuting is not a terrible risk. It is merely copying life’s real risks. Love, intimacy and the others are the real risks. What is river rafting to rejection? What is bungee-jumping to the loved one’s call that never comes?” (From Turmoil)

This is a book about clever children and the feeling of shame, about piercings and money-gambling, about confrontations with scumbags and about radical body therapists, about the utility of being ill and much, much more. *Turmoil* is a personal essay about modern individuals’ surplus of information, entertainment and material goods. It is a popular-psychological travelogue filled with cultural criticism – and self-criticism.

Turmoil has attracted overwhelming amounts of attention from critics and public alike; it has so far run through six printings and been a major selection in two book clubs.

“A real tour de force, erudite ... a magnificent achievement ... I promise the open-minded reader a most enjoyable and stimulating experience”

- POLITIKEN, DENMARK

“This is a major work by a learned man, a bold practitioner and a keen observer who makes it a little easier for the rest of us to understand ourselves and our surroundings”

- AFTENPOSTEN

“A rich and challenging book that may change human lives”

- JOSTEIN GAARDER

ALSO BY FINN SKÅRDERUD:**HVA ER PSYKISK LIDELSE?** (What is Mental Illness?), 2006.**ANDRE REISER** (Other Journeys), 2004: Danish (Tiderne skifter), Swedish (Natur och Kultur).**NOEN SPOR** (Some Traces), 2004 (with Willy Pedersen and Erling Sandmo).**STERK/SVAK** (Strong/Weak), 2000: Danish (Hans Reitzel), Dutch (Ad. Donker).**SULTEKUNSTNERNE** (Artists of Hunger), 1991: Danish (Tiderne skifter)

EINAR ØVERENGET

Secrets

(Hemmeligheter)

First published: 2009, 192 pp

We all have our secrets. Without secrets we wouldn’t be able to develop as humans. However, few of us have a conscious relationship to our secrets. Einar Øverenget shows us how we can learn to understand what secrets mean in our lives, and how they influence us. Both the ones we keep to ourselves – and the ones we share with other people. Without secrets we can’t define boundaries for our own lives, but with secrets we also establish relations with others.

Secrets is a book that makes us wiser and gives us better insight into our own selves.



Einar Øverenget has a ph.d. in philosophy. Until 2000 he was working at the University of Oslo, before leaving to found Humanist Academy, an institution applying philosophy as tools for practical and concrete problems at work. Øverenget appears regularly in Norwegian radio and is a sought-after lecturer.

ALSO BY EINAR ØVERENGET:**LIVETS ØYEBLIKK** (The Moments of Life), 2007**LYKKENS FILOSOFI** (The Philosophy of Happiness), 2006: Korean (Flower Shovel)**Å BLI SIN EGEN VENN** (Becoming Your Own Friend), 2006 (with Willy Pedersen and Erling Sandmo)**HANNA ARENDT** (Hanna Arendt), 2003: Danish (Gads Forlag)



KETIL BJØRNSTAD

Liv Ullmann

Lifelines

(Liv Ullmann - Livslinjer)

First published: 2005, 269 pp

Foreign rights sold : Czech (NLN), Danish (GB-forlagene), Estonian (Eesti Raamat), German (Random house Munich), Hungarian (Mdach Ponium Kiado), Polish (Slowo/Obraz Terytoria), Russian (BSG Press).

In this book Liv Ullmann shows new and surprising sides of herself and reflects on the lines of her life – people she has met, struggles she has had to fight, pleasures and sorrows she has experienced, as well as on where in life she is right now.

Ketil Bjørnstad, an esteemed musician, composer and writer, has been introduced to this vast material including diaries from her youth and from her life with Ingmar Bergman. The meeting between Ullmann and Bjørnstad has resulted in a candid and frank book offering a close-up of the life and thoughts of the great artist, Liv Ullmann.

Ketil Bjørnstad's novel *To Music* has been a great success in many countries, and won the French Readers' Prize (Prix des Lecteurs) in 2008.



NILS A. BUTENSCHØN

The Middle East

Fall of Empires, Development of States, Wars

(Midtøsten - Imperiefall, statsutvikling, kriger)

First published: 2008, 432 pp

The conflicts in the Middle East are to a large extent about how and on what foundation states should be organized, and how the power between different groups of people within these states should be divided. These were contentious issues after World War I, and they still are – not only in connection with Israel/Palestine.

This book is a “guide” to insight into conflict patterns that took shape throughout the 20th century, and that still dominate the political development, both within the region and in international politics. It is the dramatic interaction between superpower politics and local politics that characterize the Middle East more than any other region. For this reason, and because the conflicts take place in the central area of the world's monotheistic regions, the rest of the world are strongly affected by this development.

The book recapitulates a broad range of international literature about the Middle East's modern political history. It will not only be of interest to students, but to anyone who wants to achieve a deeper understanding of the background for the media attention surrounding the conflicts in the Middle East.



Nils A. Butenschøn (b. 1949) is a professor at the Department of Political Science and head of the Norwegian Centre for Human Rights at the University of Oslo.

ALSO BY KETIL BJØRNSTAD:

DAMEN I DALEN (The Lady in the Valley), novel, 2009: Danish (Cicero), German (Insel)

ELVEN (The River), novel 2007: Danish (Cicero), French (JC Lattès), German (Insel)

TIL MUSIKKEN (To music), novel, 2004: Danish (Cicero), Dutch (Signature), English (Maia Press), French (JC Lattès), German (Insel), Greek (Polis), Korean (Munhakdongne), Russian (Azbooka) Turkish (Metis)

JÆGER, biography, 2001: Danish (Cicero)

LUDVIK HASSELS TUSENÅRSSKIFTE (Ludvig Hassel at the Turn of the Millennium), novel, 2000: Danish (Cicero), Dutch (Signature), German (Insel)

FALL, 1999: Danish (Cicero), Dutch (Signature), German (Insel), Turkish (Metis)

NÅDE, novel, 1998: Bengali (Sandesh), Danish (Cicero)

VEIEN TIL DHAKA, novel, 1997: Danish (Cicero)

DRØMMEN OM HAVET, novel, 1996: Danish (Cicero)

DRIFT, novel, 1996: Danish (Cicero)

VILLA EUROPA, novel 1992: Danish (Cicero), German (Insel), Swedish (Trevi)

SKUMRINGSMULIGHETENE, novel, 1990: Danish (Cicero)

STORMEN, novel, 1989: Danish (Cicero), Swedish (Trevi)

DET PERSONLIGE MOTIV, novel, 1985: Danish (Cicero)

PAVANE, novel, 1976: Swedish (Rabén & Sjögren)

IVO DE FIGUEIREDO

Henrik Ibsen

The Man / The Mask

(Henrik Ibsen - Mennesket / Masken)

First published: 2006 / 2007, 458 pp / 677 pp

Foreign rights sold: Russian (Vremya), Serbian (Izdavačka Knjižarnica zorana Stojanovica)



Ibsen's contemporaneity is evident: His plays are performed from San Fransisco to Ougadougou; his works are reviewed and analysed in a seemingly never-ending stream of publications.

Several biographies has been written on Ibsen, but, up until now none fulfils all of the three essential requirements for biographies: to be well researched, well written and well updated. De Figueiredo has gone the long way to archives and other sources in order to reconstruct a wholly new and independent history on Ibsen's life, thus managing to interweave the Man, the Author and his Works in one single narrative.

In *The Man / The Mask*, Ibsen's life is well documented and new facts and theories on Ibsen are presented. De Figueiredo aspires to present no less than the new authoritative standard biography without sacrificing his own personal narrative voice. In other words, this biography addresses not only the academic but also the general public.

Originally published in two volumes in Norway, *The Man* (2006) and *The Mask* (2007), this biography has now been slimmed down by the author into a one volume edition. An English sample translation is available from Aschehoug Agency.

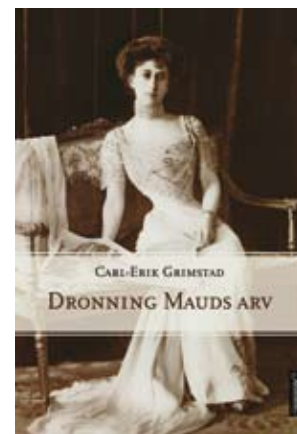


Historian **Ivo de Figueiredo** (b. 1966) has published a number of articles on the German occupation of Norway, on the nationalist party Nasjonal Samling and on the Norwegian bringing to justice after the Second World War. In 2002 he was awarded the Brage Prize for his biography *Free Man*.

"... sets a new standard for Norwegian writers' biographies... The Mask is an enchanting tale of the existential power of literature."
- AFTENPOSTEN

"This Ibsen biography shares the quality of its subject: It is unsurpassable ... the balance between narrative and interpretation, the different aspects of the biographical account, is masterfully executed."

- KLASSEKAMPEN



CARL-ERIK GRIMSTAD

Queen Maud's Inheritance

(Dronning Mauds arv)

First published: 2009, 320 pp

"A dirty attempt to defraud Queen Maud" was the inscription on the old letters and notes Carl-Erik Grimstad stumbled upon. These documents give us unique insight into the economic arrangements that were made when Prince Carl of Denmark, later King Haakon, and Maud got married in 1896, as well as the distribution of King Edward VII's estate.

Never before have we come so close to the royal family's private life. Perhaps the image of a harmonic relationship between the Norwegian and the British royal families must be reconsidered. And what consequences did the family feud about Queen Maud's dowry have for the political game when Norway sought international recognition as an independent state in 1905?

"Excellently written ... Herresthal tells his story with joy and enthusiasm."

AFTENPOSTEN

HARALD HERRESTHAL

The World of Music

The History of Classical Music

(Musikkens verden - Den klassiske musikkens historie)

First published: 2007, 684 pp



An entertaining and informative introduction to classical music, *The World of Music* is written for non-specialists, for people who wish to increase their appreciation of the music they listen to on the radio, on CD, in the concert hall or on television, and who want to learn more about what they hear.

The book charts the history of music from the first known written sources in Asia in ancient times all the way up to the latest developments in Western musical culture. While placing the emphasis on the classical music of Europe, it also explores the influence of popular music of the 19th and 20th century on serious music. Jazz, electronic music and other new musical styles are also placed within the greater context of musical history.

With a detailed list of contents and extensive index, *The World of Music* is an excellent reference book, as well as an authoritative survey.



EDVARD HOEM

The Wild Years

The Life of Bjørnstjerne Bjørnson 1832–1875

(Villskapens år - Bjørnstjerne Bjørnsons liv 1832 - 1875)

First published: 2009, 350 pp, Forlaget Oktober

In 1858, 15 year old Bjørnstjerne Bjørnson reads a newspaper article about the French February revolution, the revolt against Europe's most powerful that is spreading from country to country, and something inside him awakens. It is a commitment and a belief in public education and future that he will carry with him for the rest of his life. In *The Wild Years* we follow Bjørnson from when he is an unknown and ambitious young man, until he is in the middle of his life. He becomes a crucial factor in the work towards creating a modern and democratic Norway. He makes the theatre a scene for real life. He inaugurates literary realism in the Nordic countries.

Edvard Hoem draws a powerful and clear portrait of this poet, politician, theatre manager and editor – unstoppable and committed in nearly every area of society. At the same time, he portrays Bjørnson as a human being among other human beings, as his friends' friend, as Karoline's husband and as a proud father. And never before has the friendship and disagreement between Henrik Ibsen and Bjørnstjerne Bjørnson been depicted so vividly. We accompany both of them from the beginning of their careers until they eventually go separate ways.

The Wild Years is the first volume of the biography of Bjørnstjerne Bjørnson. The second and last volume will be published in 2010, one hundred years after Bjørnson's death.

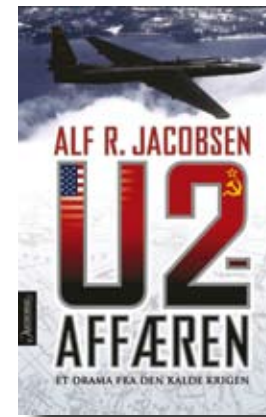


Edvard Hoem (b. 1949) made his debut in 1969. Since then he has published a number of novels, and has been nominated for the Nordic Critics' Literary Prize four times.

Hoem has also written plays and essays and translated several Shakespeare plays into Norwegian.

ALSO BY EDVARD HOEM:

FADEREN (The Father), biography, 2007
MORS OG FARS HISTORIE (Mother's and Father's Story), novel, 2005: **Czech** (Kalich), **Faeroese** (Nylendi), **German** (Suhrkamp), **Russian** (MIC), **Swedish** (Forum)
KOM FRAM, FYRSTE! (Come Forward, Prince!), novel, 2004
FRØKEN DREYERS MUSIKKSKOLE, (Miss Dreyer's School of Music), novel, 2000
TID FOR KLAGE, TID FOR DANS (A Time for Wailing, A Time for Dancing), novel, 1996
ENGELEN DIN, ROBINSON (Your Angel, Robinson), novel, 1993
I TOM BERGMANS TID (In Tom Bergman's Time), novel, 1991: **Swedish** (Forum)
AVE EVA (Ave Eva), novel, 1987: **Danish** (Rosinante), **English** (Xenos Books), **Romanian** (Pandora), **Swedish** (Forum)
HEIMLANDET. BARNDOM (Homeland. Childhood), novel, 1985: **German** (Suhrkamp), **Russian** (MIC)
PRØVETID (Probation), novel, 1984: **Danish** (Rosinante), **Russian** (Start), **Swedish** (Forum)
KJÆRLEIKENS FERJEREISER (The Ferry Crossing), novel, 1974: **English** (Garland), **German** (Wolfgang Butt), **Swedish** (Forum)



ALF R. JACOBSEN

The U2 Affair

A True Story from the Cold War

(U2-affæren - Et drama fra den kalde krigen)

First published: 2009, 262 pp

On May 1st 1960 Francis Gary Powers flew his spy plane U2 from Peshawar, Pakistan, heading north. His termination was Bodø in Norway, almost 7,000 km away – the longest air raid ever made by an agent during the cold war. Powers' plane was shot down, leading to dramatically increased tension between the two superpowers keeping each other at bay by having nuclear weapons. The case also proved problematic for the Norwegian government, as the plane had been on its way to the "flank country" Norway.

Writing about this cold war drama, Alf R. Jacobsen once again shows his superior skills at constructing real life thrillers. He has written a number of critically acclaimed books about the war in the north.

Also by Alf. R Jacobsen:



On the sinking of the battleship Scharnhorst.

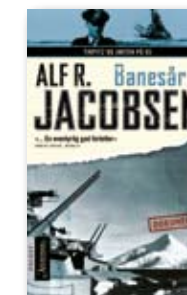
Foreign rights sold: English, Danish, German, Russian, Swedish



On the attack on the battleship Tirpitz.



On the Soviet espionage behind German lines in the Eastern part of Finnmark county.



On the Germans' violent retreat from the north of Norway.

Foreign rights sold: English, Swedish



On the superpowers' race for control of the Arctic resources.

Foreign rights sold: Swedish

In his five acclaimed books about the drama in the northern provinces during WW2, Jacobsen has proven a unique ability to combine deep insight into historical events with the pen of a crime writer. His books are all bestsellers in Norway, and have received brilliant reviews from fiction reviewers as well as historians.



JAHN OTTO JOHANSEN

My Life with Mother Russia

(Mitt liv med Moder Russland)

First published: 2006, 304 pp

The experienced foreign correspondent Jahn Otto Johansen sums up his relationship with Russia, an affair that has been going on for fifty years. He takes the reader along on his memorable travels in this vast realm that stretches over eleven time zones, and sprinkles it with history and debates about the political development in both the Soviet Union and the new Russia.

More recent events are also discussed, like the tense relation to Ukraine and Georgia. Art, literature and religion, that have found distinctive expressions in Russia, have been thoroughly treated in this book. Johansen gives us a good basis for understanding “the Russian soul”.

A highly respected journalist and broadcaster, **Jahn Otto Johansen** is recognized as an expert on matters pertaining to eastern Europe and what was once the Soviet Union. He has published numerous books and articles on foreign affairs. In two of his books, *Sigøynernes Holocaust* (1989) and *Folket som ingen ville ha* (1995), he drew attention to the plight of the gypsies, with the consequence that in the spring of 1999 he was awarded the Spanish gypsies' Premios Hidalgo by the Asociación Nacional Presencia Gitana.



TERJE NORDBY

The Myth Calendar - Winter

(Mytekalender - Vinter)

First published: 2006, 208 pp

The Myth Calendar - Spring

(Mytekalender - Vår)

First published: 2008, 220 pp

In *The Myth Calendar* Terje Nordby serves us one myth for every day of the month throughout the seasons. In a highly entertaining and informative way, the entries make connections between our daily life and the rich universe of cultural history.

The myths origin from Greek, Roman, Egyptian, Indian and Norse mythology, the world religions, Russian folk tales, Icelandic folklore, literary characters and historical figures. The topics stretch far and wide, both in content and history, covering everything from the awakening of Buddha, Zarathustra's songs and Kipling's *The Jungle Book* to Charles Darwin and Bulgarian grandmothers.

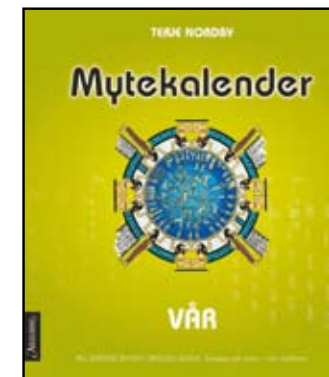
The author's curiosity and overwhelming knowledge, his sense of humour and the often surprising connections he makes, are sure to lift and inspire the reader. The book's extensive index also makes it a great work of reference on myths and mythical characters.

The Myth Calendar – Winter (covering December, January and February) and *The Myth Calendar - Spring* (covering March, April and May) are the first two volumes in a series that will cover the entire year.

“He draws from unbelievably rich sources, makes connections, finds similarities. His effervescent curiosity transforms every day's dosage of myths into a small piece of art”

AFTENPOSTEN

Terje Nordby (born 1949) was the author in the Norwegian theatre group “Tramteateret”, and he has been successful as an independent dramatist, also internationally, with plays like *Frost Work* (for which he received the Ibsen Prize) and *Come Back, Liza*. His effort in satiric entertainment has had to give way to his all-consuming interest with myths, which has resulted in numerous radio programs and the book *Transformations – An Encounter with Greek Myths* (1999).





ESPEN STUELAND

Through the Flesh

Dissection and the Cultural History of the Body

(Gjennom kjøtt - Disseksjon og kroppens kulturhistorie)

First published: 2009, 750 pp, Forlaget Oktober

With knowledge and curiosity *Through the Flesh* explores dissection of the human body; a much discussed and celebrated practice through the centuries. On the basis of Leonardo da Vinci's anatomic drawings and Rembrandt's paintings from the dissection table, the author shows the rich artistic production that springs from dissection. The medical treatment of the body is the basis for what he writes about Shakespeare, Baudelaire, Wergeland and Frostenson, Orlan and Andres Serrano, and about movies and television: *The Kingdom*, *The X-Files* and *CSI*.

Is the dead body fair game? Does the dead body have any rights? Views on body and identity through the times are also a central topic. Are there limits to what we can put the body through? How were and are the relations between medicine, research, religion, moral and decency?

Through the Flesh is a vivid presentation of the dead body as object of inquisitiveness, taboo practices and not least as a source of inspiration.



Espen Stueland made his literary debut in 1992 with a collection of poetry, and was awarded the Halldis Moren Vesaas Prize and the Norwegian Poetry Club's Prize. He has also received Olav Dalgard's Critic's Prize and been appointed Critic of the Year.



HENRIK SVENSEN

The End Is Nigh

A Human History of Natural Disasters

(Enden er nær - Om naturkatastrofer og samfunn)

First published: 2006, 271 pp

Foreign rights sold : **English** (Reaktion Books), **Italian** (Odoya)

Henrik Svensen takes us along on a journey through a number of substantial and minor natural disasters since the beginning of time. This book contains numerous gripping stories and individual destinies. We always ask ourselves the same questions when disaster hits: Why did this strike us, and not someone else? Does the cause lie in the unruly natural forces, or is it God who punishes us for our sins? Or are disasters caused by our abuse of environment? Why are we so vulnerable?

Millions of people have died in natural disasters. Cities have fallen into ruins, societies collapsed. As of today, nearly half the world's population live in the danger zone. Have the natural disasters of today changed us, how we live and how we think? When disaster strikes, do we react differently today than we did hundreds of years ago?



Henrik Svensen (born 1970) is a geologist at the University of Oslo, where he conducts research on dramatic events in the history of the earth. In this book he presents various insights into the different fields of research on natural disasters.

"...*The End Is Near* is a multi-faceted and scientifically vivid examination of a phenomenon that shapes our civilisation far more than we realise. And next time mayhem is upon us, the reader has a tool with which to analyse the reactions and the consequences"

AFTENPOSTEN

ALSO BY ESPEN STUELAND:

BRÅTT REVET BORT (Suddenly Taken Away), prose, 2006

A SI OM SEG SELV (Saying about Yourself), poetry, 2003

SAKTE DANS UT AV BRENNENDE HUS (Slow Dancing out of a Burning House), poetry, 1992



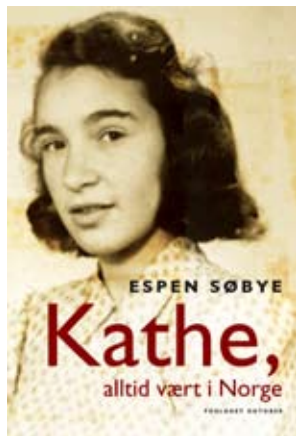
FRODE SÆLAND

Herman Becker's War

(Herman Beckers krig)

First published: 2009, 400 pp

Herman Hirsch Becker was the son of a Jewish couple who came to Norway in 1914. In 1941, at the age of 21, he fled to Britain to join the Royal Air Force. His family was murdered in Auschwitz-Birkenau. Herman Becker's military effort took place at the Norwegian training camp "Little Norway" in Canada, the Norwegian 333-squadron in Scotland and in the Australian 464-squadron in the north of France. With this book, an unknown war hero and an important piece of Norwegian Holocaust is revealed. It tells a story of personal courage and intense efforts, inconceivable toil and suffering, death and survival.



ESPEN SØBYE

Kathe, Always Been In Norway

(Kathe, alltid vært i Norge)

First published: 2003, 175 pp, Forlaget Oktober

Foreign rights sold : German (Assoziation A)

*"A shocking ... and thorough
investigative story"*

AFTENPOSTEN

Infinitely conscientious and in her best handwriting, fifteen-year-old Kathe Lasnik, a pupil at Oslo's Fagerborg School, completed the "Questionnaire for Jews in Norway". To the question "When did you come to Norway?" she answered "Always been in Norway". The questionnaire is dated November 16th, 1942. Ten days later Kathe, her mother, father and sister, along with 532 other Jews, are herded on board the troopship Donau. Only days later, Kathe Lasnik was murdered in the Auschwitz-Birkenau death camp. Two of her sisters managed to reach the safety of neutral Sweden in time.

This heartbreaking biography is a sober and well-documented account of one of the bleakest parts of European history. Søybye encounters considerable difficulties with the micro-historical method, because a determined attempt was made to wipe the family off the face of the earth, to which end all its belongings, papers and photographs were destroyed. His struggle with the scarce source material only make the book more heartbreaking.



ØYSTEIN SØRENSEN

The Great Conspiracy

The Story of the Secret Society Illuminatus and Its Many Evil Deeds

(Den store sammensvergelsen)

First published: 2007, 320 pp

Foreign rights sold: Russian (Amphora)

*"... a refreshing, articulate and sharp
presentation of the modern history of
conspiracy theories."*

DAGBLADET

Was George Washington replaced by Adam Weishaupt as the 1st president of the United States? Why was JFK murdered? Who was behind the killing of Olof Palme? And who knew about the 9/11 attacks before they happened?

The theory about Illuminati is the ultimate conspiracy theory. The Illuminati Order was a secret society founded in Bavaria in 1776, and has been accused of being a leading force behind the French and Russian revolutions as well as the First and Second World Wars, Communism and Nazism, the Catholic Church and the European Union.

Øystein Sørensen takes a closer look at how these theories have evolved from the 1700s up until today. The book contemplates general aspects of the mentality behind conspiracy theories.



BJØRN WESTLIE

My Father's War

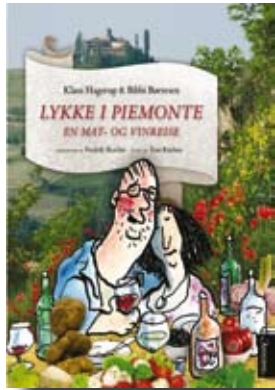
(Fars krig)

First published: 2008, 245 pp

WINNER OF THE BRAGE PRIZE 2008

During the Second World War Petter Westlie was a Nazi fighting for the Germans as an SS-soldier on the Eastern Front. When his son Bjørn was old enough to understand the significance of Petter's actions, he dissociated himself from his father. Years went by, and gradually Bjørn got the feeling that his father wanted him to know about his past. It turned out that Petter Westlie had recorded his story on tape for his son.

This is the story of an unusual relationship between a man and his father, and about a young Norwegian's experiences as a soldier in the German attack on the Soviet Union. The author has critically examined all available sources in order to compare his father's tale with historical facts. He has also travelled in his father's footsteps in Ukraine, where the invasion forces Petter Westlie belonged to were guilty of murders of hundreds of thousands of Jews.



KLAUS HAGERUP & BIBBI BØRRESEN

Piemonte Bliss

A Journey of Food and Wine

(Lykke i Piemonte - En mat- og vinreise)

First published: 2009, 304 pp

Piemonte is in the northwestern parts of Italy, and like Tuscany, Piemonte is famous for its beauty, its kitchen and its amazing wines. This book is filled with Klaus Hagerup's personal and humorous travelogues and Bibbi Børresen's recipes and useful facts about the places, restaurants, vineyards and wines. In addition, there are Norwegian talkshow host and illustrator Fredrik Skavlan's characteristic illustrations of the people and experiences and Tom Karlsen's wonderful photos of food and scenery.

The sequel to *Black Roosters and Wild Boars*, *Piemonte Bliss* is a beautiful book for anyone who enjoys food, wine or Italy.



Black Roosters & Wild Boars

A Journey of Wine and Food through Chianti

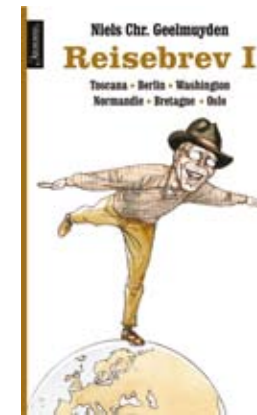
(Svarte haner og ville griser - En mat- og vinreise i Chianti)

First published: 2005, 223 pp

In the summer of 2004, Klaus Hagerup and Bibbi Børresen spent a journey exploring the food and wine of Chianti in Tuscany. The result of that journey is this lavishly illustrated book in which Klaus Hagerup, with his remarkable sense of humour, describes all the adversities on their way – from one wine producer to another, from one trattoria to another. In more soberly factual text parts Børresen provides details on wine and food in the area of Chianti Classico.

A combination of humour, facts, texts, illustrations and marvellous photos give a vivid and entertaining introduction to an enormously rich and varied wine and food culture.

Originally a stage director and dramatist, **Klaus Hagerup** (b. 1946) made his debut as a writer in 1969. Since the 90s he has made a name for himself as a writer of books for children and young people, resulting in a number of prizes. The series featuring the unpredictable Markus Simonsen has gained enormous popularity both within and outside Norway. Hagerup has also written several successful novels for adult readers.



NIELS CHR. GEELMUYDEN

Travel Essays I & II

(Reisebrev I & II)

First published: 2009, 117 / 105 pp

"It was a rather normal Saturday morning. I felt weak as a rouble. We had been filing each other's income tax forms the entire evening before, going over numbers and going under, and little by little sensed the futility of all our striving. It was the first of February. I woke up with one eye on my long johns and one on the tax form directions. Half cremated by duties and pure routine, I was hit by the terrible insight that most people only live half a time, and hardly even that. Then and there I was filled by a seething, mad urge to say goodbye to both written language forms, to the freezing cold, the sportsmansheepish uniformity and to this whole frozen-goods counter of a country."

Journalist and writer Niels Chr. Geelmuyden is both admired and feared for his sharp wit and ironic, elegant, fiercely intelligent style.

With these books he has a go at travel journalism for the first time, and few will be disappointed. Through twelve essays he offers hilarious, insightful and frequently wicked portraits of Tuscany, Berlin, Washington, Normandy, Brittany, Venice and Tenerife as well as the perhaps lesser known Scandinavian gems such as the Skagen coast and Bornholm island in Denmark, Skåne and the Skagerrak coast in Sweden and Henningsvær, Lofoten and Oslo in Norway.



"Definitely worth reading ... refreshing"

TØNSBERGS BLAD

"The author is utterly unable to bore the reader ... witty, merciless, spot on ... a style that few Norwegians can measure up to."

AFTENPOSTEN

SIRI KOCH LARSEN & LISE LARSEN KJELSTRUP

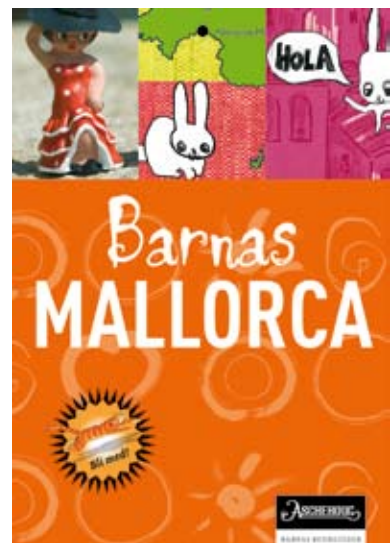
Travel Guides for Kids

(Barnas reiseguides)

First published: 2008

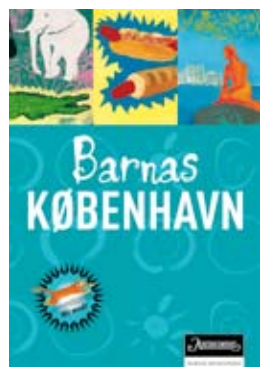
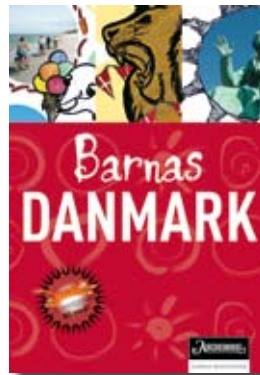
Small Travel Companions for Small Travellers

Join us on an exciting journey to the city or the countryside. The children will get to know the destination through colourful illustrations, drawings, photos and texts, written for children. Attraction and activities described in the guides are especially selected for children and their families. The guides are suitable for children aged 4 to 9.



The series includes:

- Copenhagen for Kids
- Denmark for Kids
- Kristiansand for Kids
- Mallorca for Kids
- Sweden for Kids



All You Need to Know about Norway

Experiences - Activities - Places - Sights

(Alt du bør vite om Norge - Opplevelser, aktiviteter, steder, severdigheter)

First published: 2007, 589 pp

This encyclopedia contains everything you need to know about Norway as a tourist. Thousands of places, sights, experiences and activities are presented in alphabetical order. The book is organized by region. At the end of the book there is a chapter with top ten lists of for example the highest mountains, the largest glaciers and the longest fjords. Also contains maps.

All You Need to Know about:



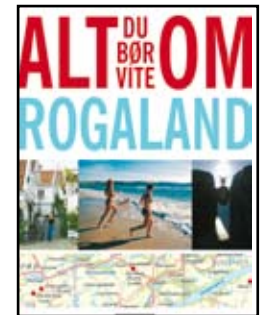
The Lofoten and Vesterålen Islands



The North-Western Fjords



The Jotunheimen Mountains



Rogaland and the South-Western Fjords

All You Need to Know About ... is a handy series of travel guides to the most important tourist regions of Norway. Each region is presented through short texts, detailed fold-out maps and inspiring pictures of its most stunning sights. Modelled on Gallimard's practical Cartoville series, these books provide the essential information on each region:

Sights and attractions * Hiking trails * Fishing * Activities * Eating * Sleeping * Transport

Also available:

- * The Hardangervidda Mountain Plateau
- * The Oslo Fjord
- * The Rondane Mountains and Gudbrandsdalen
- * The Norefjell, Blefjell and Skrim Mountains
- * The South Coast
- * The Østerdalen valley and Femunden



VENDELA KIRSEBOM
& ANNE-KARINE STRØM

Beauty Bible

(Beauty Bible)

First published: 2007, 301 pp

"I've learned hundreds of tricks that make me look good and improve my confidence. This is the knowledge I now would like to pass on to you."

Vendela's Beauty Bible is the ultimate work of reference for all women who wish to look good, regardless of age. It has an elegant and stylish layout, and at the same time it is fresh and informal – and deals with every possible beauty issue.

A super model with long experience from the beauty industry, Vendela has the recipes that actually work. She shows you how small tricks and tips can help you become a better version of yourself. There is advice on how to get healthy skin, how to efficiently hide dark circles under your eyes, what it takes to have beautiful hands and feet, how to dress up for a party right out of work, the best ways to keep in shape and much, much more.

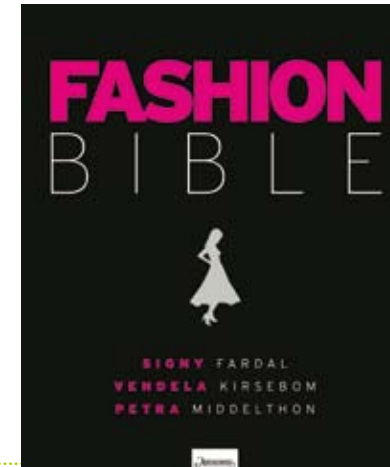
The book is illustrated throughout with beautiful photographs.

Also available as six smaller volumes:



Supermodel **Vendela Kirsebom** has been a force to be reckoned with in the fashion industry for over 20 years, having graced the covers of over 300 magazines worldwide and signed big contracts with Elizabeth Arden, Revlon, L'Oreal, Victoria's Secret and Garniere to name a few. She has also been seen in numerous films and TV-shows as well as hosting the Norwegian and Swedish "Top Model".

- Hair
- Body
- Hands & Feet
- Spa
- Make-up
- Skin



SIGNY FARDAL, VENDELA KIRSEBOM
& PETRA MIDDLETHON

Fashion Bible

(Fashion Bible)

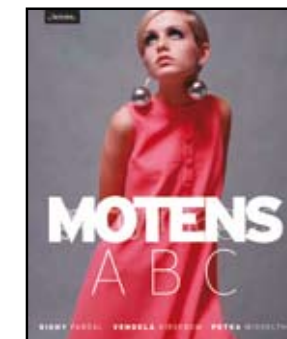
First published: 2008, 300 pp

Keeping up with the latest fashion or finding your own style? Whatever we prefer, fashion and what is modern is something most of us find exciting. This book offers an introduction to the ABC of fashion:

- Who and what decides what will be fashionable? Who are the most important fashion houses and designers?
- What items are essential in any wardrobe, and what are the necessary accessories?
- How can one outfit be styled into different looks?
- What dress codes apply to various occasions?
- How do you select smart underwear?
- How do you become the queen of the party?

A beautiful, fully illustrated handbook, *The Beauty Bible* is indispensable for the modern woman.

Also available as four smaller volumes:



ABC of Fashion



Wardrobe Essentials



The Power of Accessories

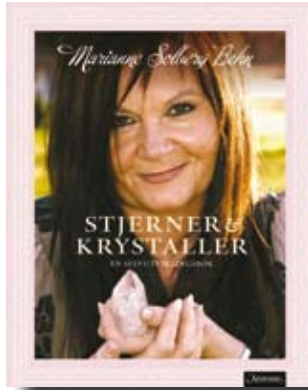


The Party Fixer

Signy Fardal is a journalist and editor of the Norwegian edition of Elle.

Petra Middlethun is a stylist.

Vendela Kirsebom is a model and a television presenter.



MARIANNE SOLBERG BEHN

Stars and Crystals A Book of Self Development

(Stjerner og krystaller - En selvutviklingsbok)

First published: 2009, 304 pp

Colourful crystals are useful for more than jewellery and art; a lot of people think they also have a positive medical effect on us. Therapeutic use of crystals can be traced all the way back to ancient Greece and Egypt.

Stars and Crystals is a practical self-help book that gives an introduction to how the different crystals work and can improve our quality of life. Through easy techniques, the crystals can help us release physical blockages, give new energy and reduce stress. The book is illustrated with photos and it also offers simple meditation exercises.



HELENE HENNIE

Interior Design

(Hennie Interiør)

First published: 2009, 320 pp

Interior Design is an aesthetic, stylish and inspiring book for anyone who is interested in interior, design and architecture. The book shows interior architect Helene Hennie's work, what she finds important and her way of thinking interior.

The book is divided into seasons and presents tasteful Scandinavian interiors designed by Hennie. There are beautiful and inspirational photos of cottages by the sea, summer houses in Spain, cabins and apartments in the mountains, town apartments and houses.

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