

1350 Treat Blvd. Suite 500, Walnut Creek, CA 94597 // PAC-10.ORG // 925.932.4411

FOR IMMEDIATE RELEASE: Monday, March 7, 2011

Contact: Dave Hirsch (dhirsch@pac-10.org), Allison Yee (ayee@pac-10.org)

2010-11 PAC-10 CONFERENCE MEN'S BASKETBALL HONORS DERRICK WILLIAMS NAMED MEN'S BASKETBALL PLAYER OF THE YEAR; ALLEN CRABBE EARNS FRESHMAN OF THE YEAR HONORS; MARCUS SIMMONS EARNS DEFENSIVE PLAYER OF THE YEAR HONORS: MATTHEW BRYAN-AMANING EARNS MOST IMPROVED PLAYER OF THE YEAR; SEAN MILLER HONORED AS COACH OF THE YEAR

WALNUT CREEK, Calif., – In a vote of the 10 Conference coaches, ARIZONA sophomore forward **Derrick Williams** has been named the 2010-11 Pac-10 Men's Basketball Player of the Year, CALIFORNIA guard **Allen Crabbe** has been named Pac-10 Freshman of the Year; USC senior guard **Marcus Simmons** has been named Pac-10 Defensive Player of the Year; WASHING-TON senior forward **Matthew Bryan-Amaning** has been named Pac-10 Most Improved Player of the Year and **Sean Miller** of ARIZONA is the Pac-10 Coach of the Year, Commissioner Larry Scott announced today.

The Complete Conference Honors:

FIRST TEAM

ALL-PAC-10 TEAM

Name Matthew Bryan-Amaning Jeremy Green	School WASH STAN	Pos F G	Yr Sr. Jr.	Ht 6-9 6-4	Wt 240 198	Hometown (Last School) London, England (South Kent School, Conn.) Austin, Texas (Bowie HS)
Jorge Gutierrez Tyler Honeycutt Malcolm Lee Reeves Nelson Isaiah Thomas Klay Thompson Nikola Vucevic Derrick Williams	CAL UCLA UCLA UCLA WASH WSU USC ARIZ	G F G F G F F	Jr. So. Jr. So. Jr. Jr. Jr. So.	6-3 6-8 6-4 6-8 5-9 6-6 6-10 6-8	195 183 195 235 185 202 240 240	Chihuahua, Mexico (Findlay College Prep, Nev.) Los Angeles, Calif. (Sylmar HS) Riverside, Calif. (John W. North HS) Modesto, Calif. (Modesto Christian HS) Tacoma, Wash. (South Kent School, Conn.) Ladera Ranch, Calif. (Santa Margarita HS) Bar, Montenegro (Stoneridge Prep) La Mirada, Calif. (La Mirada HS)
SECOND TEAM Name DeAngelo Casto Joevan Catron Jared Cunningham Harper Kamp Trent Lockett	School WSU ORE OSU CAL ASU	Pos F G F G	Yr Jr. Sr. So. Jr. So.	Ht 6-8 6-6 6-4 6-8 6-4	Wt 255 237 182 245 211	Hometown (Last School) Spokane, Wash. (Ferris HS) Phoenix, III. (Thornton Township HS) Oakland, Calif. (San Leandro HS) Mesa, Ariz. (Mountain View HS) Phoenix, Ariz. (Desert Vista HS)

Honorable Mention (receiving at least three votes): Ty Abbott (ASU, Sr., G), Allen Crabbe (CAL, Fr., G), Lamont Jones (ARIZ, So., G), Josh Owens (STAN, Jr., F).

PAC-10 ALL-FRESHMEN TEAM

Name	School	Pos	Ht	Wt	Hometown (Last School)
Anthony Brown	STAN	G/F	6-7	200	Huntington Beach, Calif. (Ocean View HS)
Allen Crabbe	CAL	G	6-4	165	Los Angeles, Calif. (Price HS)
Maurice Jones	USC	G	5-7	155	Saginaw, Mich. (Arthur Hill HS)
Dwight Powell	STAN	F	6-10	227	Toronto, Ontario (IMG Academy)
Joshua Smith	UCLA	С	6-10	305	Kent, Wash. (Kentwood HS)
C.J. Wilcox	WASH	G	6-5	190	Pleasant Grove, Utah (Pleasant Grove HS)

Honorable Mention (receiving at least three votes): Jordin Mayes (ARIZ, G), Terrence Ross (WASH, G).

PAC-10 ALL-DEFENSIVE TEAM

Name School	Pos	Yr.	Ht	Wt	Hometown (Last School)
DeAngelo Casto	WSU	F	Jr.	6-8	255 Spokane, Wash. (Ferris HS)
Jared Cunningham	OSU	G	So.	6-4	182 Oakland, Calif. (San Leandro HS)
Jorge Gutierrez	CAL	G	Jr.	6-3	195 Chihuahua, Mexico (Findlay College Prep, Nev.)
Malcolm Lee	UCLA	G	Jr.	6-4	195 Riverside, Calif. (John W. North HS)
Marcus Simmons	USC	G	Sr.	6-6	220 Alexandria, La. (Peabody HS)

Honorable Mention (receiving at least three votes): Matthew Bryan-Amaning (WASH, Sr. F), Kyle Fogg (ARIZ, Jr., G), Justin Holiday (WASH, Sr., F).

PLAYER OF THE YEAR: Derrick Williams, Arizona FRESHMAN OF THE YEAR: Allen Crabbe, California DEFENSIVE PLAYER OF THE YEAR: Marcus Simmons, USC MOST IMPROVED PLAYER OF THE YEAR: Matthew Bryan-Amaning, Washington COACH OF THE YEAR: Sean Miller, Arizona

PAC-10 PLAYER OF THE YEAR

WILLIAMS becomes the sixth Arizona player to earn Pac-10 Player of the Year, and first since 1999, joining Sean Elliott (1988, 1989), Chris Mills (1993), Damon Stoudamire (1995), Mike Bibby (1998), and Jason Terry (1999). Williams led the Wildcats in scoring (18.8 ppg/2nd in Pac-10), field goal percentage (.612/1st), and rebounding (8.2 rpg/5th in Pac-10). He's posted 20 or more points 13 times this season, and posted 10 double-doubles. In just two seasons, the 2010 Pac-10 Freshman of the Year has scored 1,070 points, while grabbing 472 rebounds. He's the fourth sophomore in Pac-10 history to earn Player of the Year honors, joining California's Jason Kidd (1994), Arizona's Mike Bibby (1998) and Arizona State's James Harden (2009).

PAC-10 FRESHMAN OF THE YEAR

CRABBE becomes the seventh California player to earn Pac-10 Freshman of the Year, and first since 2004, joining Dave Butler (1983), Leonard Taylor (1985), Jason Kidd (1993), Tremaine Fowlkes (1995) Shareef Abdur-Rahim (1996), and Leon Powe (2004). Crabbe was 14th in the league in scoring (13.0 ppg), fourth in free throw percentage (.824) and sixth in three-point field goal percentage (.406), which led all Pac-10 freshmen. His numbers are more impressive in Pac-10 play as he posted 16.4 points per game and 5.8 rebounds per game, while leading the league in three-point field goal percentage (.481).

PAC-10 DEFENSIVE PLAYER OF THE YEAR

SIMMONS has been key in leading USC's defense, allowing a league-leading low of 62.9 points per game overall, and 63.3 ppg in Pac-10 play. He's been frequently called upon this season to guard the opponent's top scorer, having limited several All-Pac-10 performers below their shooting percentages - Washington State's Klay Thompson (12-of-35/.343), Stanford's Jeremy Green (5-of-22/.228), UCLA's Tyler Honeycutt (6-of-16/.375), and Washington's Isaiah Thomas (8-of-20/.400), He's the second Trojan to earn the honor as Taj Gibson collected the award in 2009.

PAC-10 MOST IMPROVED PLAYER OF THE YEAR

BRYAN-AMANING is among the Pac-10 leaders in scoring (16.0 ppg/6th) and rebounding (8.3 rpg/4th) and has posted 10 double-doubles this season. He has appeared in all 30 games, with 26 starts this season. Bryan-Amaning has steadily improved his numbers each season from 4.2 points/3.2 rebounds as a freshman, to 6.0 points/4.0 rebounds as a sophomore, to 8.8 points/5.9 rebounds in 22.8 minutes of action last season.

PAC-10 COACH OF THE YEAR

MILLER, 42, has guided ARIZONA to its 12th Pac-10 title, and first since 2005, with a 14-4 league mark, 25-6 record overall. Under Miller, the Wildcats put together an eight-game winning streak at one point this season and found themselves back in the Top 25 of both the Associated Press and ESPN/USA Today coaches' poll for the first time since Dec. 31, 2007. Collecting his first Pac-10 Coach of the Year honor, he now has earned Coach of the Year honors in on both coasts, having been honored by the Atlantic-10 Conference in 2008. He's the second Arizona coach to receive Pac-10 Coach of the Year honors, joining Hall of Famer Lute Olson, a seven-time recipient (1986, 1988, 1989, 1993, 1994, 1998, and 2003). Miller has a career record of 161-68 (.703), while his Arizona record stands at 41-21 (.661).

THE VOTE: Coach of the Year, All-Conference, All-Freshman, All-Defensive teams and Most Improved Player are voted on by the coaches. Coaches are not permitted to vote for themselves or their own players for the honors.

*

			DEFENSIVE	MOST IMPROVED	
SEASON	PLAYER OF THE YEAR	FRESHMAN OF THE YEAR*	PLAYER OF THE YEAR	PLAYER OF THE YEAR	COACH OF THE YEAR
2010-11	Derrick Williams, ARIZ	Allen Crabbe, CAL	Marcus Simmons, USC	Matthew Bryan-Amaning, WASH	Sean Miller, ARIZ
2009-10	Jerome Randle, CAL	Derrick Williams, ARIZ	Seth Tarver, OSU	Nikola Vucevic, USC	Herb Sendek, ASU
2008-09	James Harden, ASU	Isaiah Thomas, WASH	Taj Gibson, USC	Justin Dentmon, WASH	Lorenzo Romar, WASH
2007-08	Kevin Love, UCLA	Kevin Love, UCLA	Russell Westbrook, UCLA		Trent Johnson, STAN
2006-07	Aaron Afflalo, UCLA	Chase Budinger, ARIZ			Tony Bennett, WSU
2005-06	Brandon Roy, WASH	Luc Richard Mbah a Moute, UCLA			Ben Howland, UCLA
2003-00	Ike Diogu, ASU	Jordan Farmar, UCLA			Lorenzo Romar, WASH
2003-04	Josh Childress, STAN	Leon Powe, CAL			Mike Montgomery, STAN
2002-03	Luke Ridnour, ORE	Ike Diogu, ASU			Mike Montgomery, STAN
2002-03	Luke Mulloul, OKL	ike Diogu, ASO			Lute Olson, ARIZ
2001-02	Sam Clancy, USC	Salim Stoudamire, ARIZ			Ernie Kent, ORE
2000-01	Sean Lampley, CAL	Luke Ridnour, ORE			Steve Lavin, UCLA
1999-00	Eddie House, ASU				Mike Montgomery, STAN
1999-00	Equie House, ASU	Casey Jacobsen, STAN			wike wongomery, STAN
1000.00		Jason Kapono, UCLA			
1998-99	Jason Terry, ARIZ	Michael Wright, ARIZ			Mike Montgomery, STAN
1997-98	Mike Bibby, ARIZ	Baron Davis, UCLA			Lute Olson, ARIZ
1996-97	Ed Gray, CAL	Mike Bibby, ARIZ			Ben Braun, CAL
1995-96	Shareef Abdur-Rahim, CAL	Shareef Abdur-Rahim, CAL			Bob Bender, WASH
1994-95	Ed O'Bannon, UCLA	Tremaine Fowkles, CAL			Jim Harrick, UCLA
	Damon Stoudamire, ARIZ				
1993-94	Jason Kidd, CAL	Brevin Knight, STAN			Lute Olson, ARIZ
1992-93	Chris Mills, ARIZ	Jason Kidd, CAL			Lute Olson, ARIZ
1991-92	Harold Miner, USC	Mark Pope, WASH			George Raveling, USC
1990-91	Terrell Brandon, ORE	Jamal Faulkner, ASU			Kelvin Sampson, WSU
1989-90	Gary Payton, OSU	Harold Miner, USC			Jim Anderson, OSU
1988-89	Sean Elliott, ARIZ	Don MacLean, UCLA			Lute Olson, ARIZ
					Ralph Miller, OSU
1987-88	Sean Elliott, ARIZ	Mike Hayward, WASH			Lute Olson, ARIZ
1986-87	Jose Ortiz, OSU	Gary Payton, OSU			Walt Hazzard, UCLA
1985-86	Chris Welp, WASH	Sean Elliott, ARIZ	Keith Morrison, WSU		Lute Olson, ARIZ
	1.7	Pooh Richardson, UCLA	,		,
1984-85	Wayne Carlander, USC	Leonard Taylor, CAL	Nigel Miguel, UCLA		Stan Morrison, USC
1983-84	A.C. Green, OSU	Chris Welp, WASH	Butch Hays, CAL		Marv Harshman, WASH
1982-83	Kenny Fields, UCLA	Dave Butler, CAL			George Raveling, WSU
1981-82	Lester Connor, OSU	Johnny Rogers, STAN			Marv Harshman, WASH
1980-81	Steve Johnson, OSU	John Revelli, STAN			Ralph Miller, OSU
1979-80	Don Collins, WSU	Byron Scott, ASU			Ned Wulk, ASU
1978-79	David Greenwood, UCLA	Bryan Rison, WSU			Bob Boyd, USC
1977-78	David Greenwood, UCLA				Gary Cunningham, UCLA
1976-77	Marques Johnson, UCLA				Dick Harter, ORE
1975-76	Ron Lee, ORE				Dick DiBiaso, STAN
1373-70	NULLEE, UNL				George Raveling, WSU
					George Ravelling, WOU