Interpretation of the Laws of the Game and Guidelines for Referees

Allowance for time lost

Many stoppages in play are entirely natural (e.g. throw-ins, goal kicks). An allowance is to be made only when these delays are excessive.

The fourth official indicates the minimum additional time decided by the referee at the end of the final minute of each period of play.

The announcement of the additional time does not indicate the exact amount of time left in the match. The time may be increased if the referee considers it appropriate but never reduced.

The referee must not compensate for a timekeeping error during the first half by increasing or reducing the length of the second half.