

Harvey-Bradshaw Index (HBI) — A simple index of Crohn's disease activity¹

Patient name: _____

Date of HBI calculation: _____

Please check one box per number (except for #5)

1. General well-being
(yesterday)

- ☐ Very well = 0
- ☐ Slightly below par = 1
- ☐ Poor = 2
- ☐ Very poor = 3
- ☐ Terrible = 4

2. Abdominal pain
(yesterday)

- ☐ None = 0
- ☐ Mild = 1
- ☐ Moderate = 2
- ☐ Severe = 3

3. Number of liquid or soft stools per day (yesterday) = _____

4. Abdominal mass

- ☐ None = 0
- ☐ Dubious = 1
- ☐ Definite = 2
- ☐ Definite and tender = 3

5. Complications
(check any that apply; score one
per item except for first box)

- ☐ None
- ☐ Arthralgia
- ☐ Uveitis
- ☐ Erythema nodosum
- ☐ Aphthous ulcers
- ☐ Pyoderma gangrenosum
- ☐ Anal fissure
- ☐ New fistula
- ☐ Abscess

Harvey-Bradshaw Index score²=

(please add scores of questions
1 through 5)

Remission	<5
Mild disease	5-7
Moderate disease	8-16
Severe disease	>16

References: 1. Harvey RF, Bradshaw JM. A simple index of Crohn's-disease activity. *Lancet*. 1980;315(8167):514. 2. British Columbia Ministry of Health Services. Worksheet based on the Harvey-Bradshaw Index. British Columbia Ministry of Health Services website. <https://www.health.gov.bc.ca/exforms/pharmacare/5374fil.pdf>. Accessed September 23, 2010.