

Compassion

IN KIDNEY CARE:
FROM PATIENTS TO PROVIDERS



OCTOBER 24TH - 25TH, 2013 • SHERATON WALL CENTRE • VANCOUVER



Hear something good?
TWEET IT! Use & follow
the hashtag #BCKD

BC Transplant BC Renal Agency

PARTNERSHIP

Through events like BC Kidney Days, the BC Renal Agency and BC Transplant strive to support the use of the latest research and collective knowledge, creativity and ingenuity of the BC kidney community to develop solutions to the challenges of chronic kidney disease.

ORGANIZING COMMITTEE

CO-CHAIRS



Charles Constantine, MDCM, FRCPC, is a clinical assistant professor of medicine at UBC and practices as a nephrologist in the Fraser Health Authority.



Dr. Jagbir Gill, MD, MPH, FRCPC, is an assistant professor of medicine at UBC, a research scientist with the Centre for Health Evaluation and Outcome Sciences, and practices as a transplant nephrologist at St. Paul's Hospital in Vancouver. His

research interests include transplant epidemiology and health outcomes in the areas of access to transplantation, immunosuppressive management and organ donation.

- | | |
|---------------------|---------------------|
| Stephanie Allan | Dan Martinusen |
| Amber Appleby | Donna Murphy-Burke |
| Dr. Monica Beaulieu | Kevin Noel |
| Jocelyn Beretta | Dr. Malcolm Ogborn |
| Lianne Berst | Karen Philp |
| Michelle Brittain | Stacey Richardson |
| Eileen Carolan | Angela Romyn |
| Benjamin Cesar | Meganne Sholdice |
| Jenny Di Castri | Dawn Strong |
| Dr. Janis Dionne | Ellin Varvarusis |
| Dr. Greg Grant | Colleen Waters |
| Peggy John | Alexis Whatley |
| Heather Johnson | Susi Wilkinson |
| Sabina Kral | Sheri Yeast |
| Dr. Adeera Levin | Heather Zadorozniak |
| Lisa MacTavish | |

ACCREDITATION



**Canadian Society of Nephrology/
Société Canadienne De Néphrologie**
CSN/SCN

This program has been accredited by the CSN as a group learning activity for 12 Royal College MOC credits.

All health professionals will receive certificates of attendance to submit for continuing education hours.

PROGRAM GUIDE

Conference Schedule and Learning Objectives

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CONFERENCE PROGRAM and LEARNING OBJECTIVES • THURSDAY, OCTOBER 24TH

Note: All sessions will have at least 25% of the time available for discussion.

7:45 AM | HOTEL LOBBY

Registration opens

8:00 AM - 9:00 AM | GRAND BALLROOM FOYER

Continental Breakfast
Networking/Exhibits/Poster Viewing on 3rd Floor Foyer

9:00 AM - 9:30 AM | GRAND BALLROOM

Welcome and Announcements
Dr. Charles Constantine and Dr. Jagbir Gill, Conference Chairs

Opening Remarks
John Andruschak, Vice President, Lower Mainland Pathology & Laboratory Medicine, PHSA

BCT and BCPRA Updates
Amber Appleby, BCT Provincial Operations Director, and Dr. Adeera Levin, BCPRA Executive Director

9:30 AM - 10:30 AM | GRAND BALLROOM

Plenary: Focusing on the Patient
Chair: Dr. Adeera Levin
Richard and the Sacred Bond: A Reflection on Patient-Centred Dialysis Care
Dr. Robert Bear

Learning objectives:

- Understand the current realities of patient-centred dialysis care
- Understand the role each of us plays in advancing patient-centred dialysis care

10:30 AM - 11:00 AM |

Networking/Exhibits
Poster Viewing on 3rd Floor Foyer

11:00 AM - 11:30 AM | GRAND BALLROOM

Plenary: Canadian Society of Nephrology Sponsored Session
Chairs: Dr. Charles Constantine and Dr. John Gill
Using the Knowledge to Action Cycle to Optimize Management of CKD Patients Approaching Dialysis
Dr. Braden Manns

Learning objectives:

- Review the mission and priorities of the Canadian Kidney Knowledge Translation and Generation Network (CANN-NET) and highlight collaborative efforts with the Canadian Society of Nephrology
- Outline the principles of the knowledge to action cycle as it relates to the management of CKD patients who are nearing dialysis initiation

11:30 AM - 11:45 AM |

Transition Time

11:45 AM - 12:45 PM |

Concurrent Sessions:

Junior A/B, 3rd floor
Kidney Foundation, BC Branch
Chair: Heather Johnson
How Do We Help? Patient Stories of Support
Heather Johnson and Matthew Hogue, patient

Learning objectives:

- Become aware of all programs offered by the Kidney Foundation and how to access them
- Understand the benefits of these programs from a patient perspective

Grand Ballroom
Kidney Care Advisory Committee (KCAC)
Chair: Dr. Monica Beaulieu
CKD Care in BC: Optimizing Targets, Transitions and Treatment Options
Dr. Monica Beaulieu & KCAC committee members

Learning objectives:

- Review the new guidelines for classifying and managing patients with CKD
- Review the provincial quality indicators for CKD care in British Columbia
- Learn about provincial initiatives for coordinating CKD care in British Columbia

Parksville, 3rd floor
Obesity Management in the Kidney Transplant Candidate
Chair: Ben Cesar
Is There a Role for Bariatric Surgery?
Dr. Sharadh Sampath

Learning objectives:

- Understand the impact of obesity in ESRD patients and transplant candidates
- Understand the role of bariatric surgery as part of obesity management

Junior C, 3rd floor
Dialyzer Choices
Chair: Jenny Di Castri
An Overview and Update on Dialyzers
Dr. Mercedeh Kiaii

Learning objectives:

- Become familiar with various types of dialyzers currently used
- Gain an understanding of the process involved in dialyzer selection

12:45 PM - 1:45 PM | GRAND BALLROOM

Lunch

CONFERENCE PROGRAM and LEARNING OBJECTIVES • THURSDAY, OCTOBER 24TH

Note: All sessions will have at least 25% of the time available for discussion.

1:45 PM - 2:30 PM | GRAND BALLROOM

Plenary: Health Care Social Media

Chair: Stacey Richardson

Patient and Provider Connections Powered by Social Media

Sarah Kucharski and Dr. Jennifer Dyer



Learning objectives:

- Understand how patients and providers can utilize social media
- Understand the role of social media in patient engagement
- Define opportunities for health literacy with social media
- Learn about the effects of social media and online communities for patients with chronic diseases

Grand Ballroom

Psychonephrology

Back to the Future

Dr. Gavril Hercz

Learning objectives:

- Better understand the psychosocial impact of illness on patients, families and staff
- Discuss enhanced coping methods in dealing with disturbing behavior

Junior C, 3rd floor

Kidney Stones

Chairs: Dan Martinusen and Eileen Carolan

From Rocks to Dust: Nephrolithiasis and the Kidney Stone Diet

Dr. Caroline Stigant and Ruby Bassi

Learning objectives:

- Describe the common types of kidney stones
- Understand basic pharmacologic and non-pharmacologic treatment strategies for kidney stone patients

2:30 PM - 2:45 PM | GRAND BALLROOM

Plenary: PROMIS' New Look

Susi Wilkinson and Michelle Brittain

Learning objectives:

- Be familiar with PROMIS' new patient view, including enhancements to modality selection and advance directive areas

Junior D, 3rd floor

Social Media

Chair: Stacey Richardson

BYOD HCSM (Bring Your Own Device, Health Care Social Media)

Sarah Kucharski



Learning objectives:

- Evaluate context and content for social media use and set up a Twitter account for professional or personal use
- Follow relevant #hcsmtwitter accounts, individuals and curated lists, follow relevant #hcsmtags, engage in basic Twitter dialogue
- Use TweetDeck or HootSuite for social media management and evaluate content for sharing via professional social media sites

2:45 PM - 3:05 PM | GRAND BALLROOM

Plenary: Transplant

An Update on the National Highly Sensitized Transplant Patient Registry

Dr. David Landsberg

Learning objectives:

- Understand the development and benefits of the National Highly Sensitized Patient Registry

3:05 PM - 3:15 PM |

Transition Time

4:15 PM - 4:30 PM |

Networking/Exhibits

Poster Viewing on 3rd Floor Foyer

3:15 PM - 4:15 PM |

Concurrent Sessions:

Junior A/B, 3rd floor

Geriatric Nephrology Across the ESRD Spectrum

Chair: Dr. Jagbir Gill

The Life and Times of Old Mrs. JuneNever Pee: A Novel View of Aging with Two Kidneys

Dr. Vanita Jassal

Learning objectives:

- Have an understanding of the most pertinent 'geriatric' issues encountered in an older population with renal disease
- Have an understanding of the issues for elderly kidney transplant candidates and recipients
- Become familiar with the current literature on non-dialytic care

4:30 PM - 5:30 PM |

GRAND BALLROOM

Plenary: Practitioner Renewal

Chair: Lisa MacTavish

The Moral Imperative of Relationship in Health Care: Do Good, Do No Harm, In Caring for Self and Others

Dr. Hilary Pearson and Dr. Paul Whitehead

Learning objectives:

- Understand the complexities of relationship in self-care
- Appreciate the importance of fostering relationships to do good and do no harm

5:30 PM - 7:00 PM |

PAVILION BALLROOMS

Wine & Cheese Reception

CONFERENCE PROGRAM and LEARNING OBJECTIVES • FRIDAY, OCTOBER 25TH

Note: All sessions will have at least 25% of the time available for discussion.

7:00 AM - 8:00 AM | HOTEL LOBBY

Registration
Continental Breakfast- Grand Ballroom Foyer

8:00 AM - 9:15 AM | GRAND BALLROOM

Opening Remarks and Announcements
Dr. Charles Constantine and Dr. Jagbir Gill, Conference Chairs

Plenary: The Power of Three in Patient Care

Chair: Dr. Janis Dionne
Sue Broomsgrove

Learning Objectives:

- Identify the three elements that support patient care
- Learn how these three elements change the patient experience

9:15 AM - 10:15 AM | GRAND BALLROOM

Home Therapies

Chair: Dr. Michael Copland

The World of Home Therapies from Down Under

Dr. John Agar

Learning Objectives:

- Understand how home HD is done down under
- Learn the history, present and future of home HD in Australia and New Zealand

10:15 AM - 10:45 AM |

Networking/Exhibits

Poster Viewing on 3rd Floor Foyer- Last chance to vote!
Winners will be announced at the Wilma Crockett Lunch.

10:45 AM - 12:00 PM | GRAND BALLROOM

Plenary: Development of a Bioartificial Kidney

Chair: Dan Martinusen

Dr. David Humes

Learning Objectives:

- Understand the use of renal stem cells for tissue engineering of a kidney
- Understand the importance of bioengineering and biomaterials

12:00 PM - 1:00 PM | GRAND BALLROOM

Lunch & Presentation:

The 10th Annual Wilma Crockett Memorial Award

2013 Recipient: Dan Martinusen

BSc (Pharm), ACPR, PharmD, Clinical Pharmacy Specialist

Poster Awards & Closing Remarks

Dr. Charles Constantine and Dr. Jagbir Gill, Conference Chairs

1:00 PM - 3:00 PM | GRAND BALLROOM

Professional Breakout Sessions

Port Alberni, 4th floor
Biomedical Technicians
Chair: *Julian Plamondon*

Junior D, 3rd floor
Dietitians
Chair: *Amy Dewaele*

Port McNeil, 4th floor
Nephrologists
BC Consensus: 1:00-4:00pm
Chair: *Dr. Monica Beaulieu*

Grand Ballroom
Nurses
Chairs: *Jenny Di Castri and the BC Renal Educators Group*

Junior A, 3rd floor
Pharmacists
Chair: *Dan Martinusen*

Parksville, 3rd floor
Renal Managers
Chairs: *Warren Hart and Donna Murphy-Burke*

Junior C, 3rd floor
Social Workers
Chairs: *Bobbi Preston and Sara Himelstein*

Junior B, 3rd floor
Unit Clerks
Chair: *Florence Ng*



BC KIDNEY DAYS
Hosted by BC Transplant and the BC Renal Agency

BC Kidney Days 2014 will be happening
on October 16th-17th, 2014 at the
Sheraton Wall Centre in Vancouver!

John W. M. Agar, MBBS, FRACP, FRCP (London), has 41 years experience in nephrology with a special interest/expertise in home hemodialysis and nocturnal home hemodialysis. He is a full-time consultant nephrologist at Geelong Hospital in Geelong, Australia.

Amber Appleby, RN, BScN, joined BC Transplant as provincial operations director in March of 2012. Amber's leadership roles have included management of operations for three very busy ICUs. In her role as operations leader of the ICU at St. Paul's Hospital, she was involved in Western Canada's first donation after cardiac death (DCD) case in 2008. Amber understands how hospitals work and the challenges they face day-to-day, and brings invaluable clinical experience to her leadership role at BC Transplant.

Ruby Bassi, RD, is based at Surrey Memorial Hospital but also works at several other sites including outpatient services, kidney stone clinic and mental health facilities. Her career focus includes teaching clients how eating healthy can be easy and fun. Her personal interests include cooking new recipes, baking and being active outdoors.

Robert Bear, MD, FRCP, is a retired nephrologist and author of *Sorrow's Reward* – a work of fiction placed in a dialysis unit. He is a health care consultant and currently advises the ESRD network of Texas on patient engagement in dialysis. He also serves on the editorial board of *Healthy Debate*, Canada's foremost weekly healthcare e-magazine. @RobertAllanBear

Monica Beaulieu, MD, FRCPC, MHA, is trained in clinical nephrology and dialysis. She has a special interest in chronic disease management, evaluation of health care systems and system redesign, as well as pharmacological optimization in CKD patients. Her research focus is in CKD and continuous quality improvement.

Michelle Brittain is the implementation support and help desk lead with the BC Renal Agency's PROMIS team. Her background includes health care experience as a unit clerk for St. Paul's Hospital renal and pre-transplant clinics, and private sector experience in systems analysis and support.

Sue Broomsgrove, Cert. ConRes, Certified Coach (CPCO), BScN, is a faculty member at CNC and the Justice Institute of BC. She is a conflict resolution consultant who incorporates her deep leadership experience as a trainer, coach, mediator and speaker, as she works with established and emerging leaders to provide training around collaborative team development and leadership. Her favourite quotation around this work is, "And the day came when the risk to remain tight in the bud was more painful than the risk it took to blossom." (Anais Nin)

Jennifer Shine Dyer, MD, MPH, is a pediatric endocrinologist in private practice in Columbus, Ohio. She is an accomplished behavioural researcher with a MPH in health behaviour studies, a mobile health entrepreneur having created the award-winning EndoGoal Diabetes Rewards App, and a social media enthusiast. @EndoGoddess

Gavril Hercz, MD, FRCPC, is a nephrologist at Humber River Hospital in Toronto. He is a member of the Canadian Psychoanalytic Society and associate professor of medicine at the University of Toronto. His career focus and interests include the psychosocial aspects of chronic illness.

H. David Humes, MD, is a board certified nephrologist, internist and on the faculty staff at the University of Michigan. His experience in nephrology, cell therapy, biomaterials, device fabrication and tissue engineering includes over 200 published articles and book chapters and 80 issued or applied patents. His laboratory has received international attention for work in the development of the bioartificial kidney.

Vanita Jassal, MD, MRCP (UK), FRCPC, is currently a staff nephrologist at the University Health Network and an associate professor at the University of Toronto. She has training in clinical nephrology, geriatric medicine and clinical epidemiology and is the medical director of the UHN Geriatric Nephrology Program.

Heather Johnson is the director of programs for the BC branch of the Kidney Foundation of Canada - a position she has held since 2007. Prior to this, she worked as the executive director of a non-profit, operating alternate school programs for youth and public relations for the Red Cross. Heather is interested in ensuring that kidney patients throughout BC can avail themselves of all the support they need to thrive.

Mercedeh Kiaii, MD, FRCPC, is the director of the hemodialysis unit and vascular access program at St. Paul's Hospital. Her career interests include optimization of hemodialysis therapy and vascular access.

Sarah E. Kucharski, MA, blogs as a health advocate fostering the patient voice in medicine. Special interests include patient experience in healthcare settings, the doctor-patient relationship, the patient-caregiver relationship, chronic illness, health literacy, advance planning and end-of-life issues. She is CEO/chairman and founder of FMD Chat, a nonprofit organization supporting those around the world affected by a rare vascular disease. @AfternoonNapper

David Landsberg, MD, FRCPC, is the head of the division of nephrology and the medical director of the renal transplant program at St. Paul's Hospital in Vancouver. He is the medical lead for renal transplant for BC Transplant.

Adeera Levin, MD, FRCPC, is a professor of medicine and head of the division of nephrology at the University of British Columbia and executive director of the BC Provincial Renal Agency. She is chair of the Curriculum Committee for the National KRESCENT (Kidney Research and Education Scientist Education Training program) and president elect (2015) for the International Society of Nephrology.

Braden Manns, MD, FRCPC, is a professor at the University of Calgary and chair of CANN-NET the Canadian Kidney Knowledge Translation & Generation Network. He was past chair of the Canadian Expert Drug Advisory Committee (CEDAC) and was recently appointed as president elect for the Canadian Society of Nephrology (2014-2016).

Hilary Pearson, MA, PhD, CCC, is a psychotherapist at the Centre for Practitioner Renewal and an assistant professor in the family practice department at the University of British Columbia. Hilary provides individual therapy, education and professional development programs for employees and physicians at Providence Health Care. Her career focus is advancing knowledge about how to promote well-being, collegiality and sustainability among health care providers.

Sharadh Sampath, BSc, MD, FRCPC, is a bariatric surgeon at Richmond Hospital. He is the director of the bariatric surgery program and head of the department of surgery. He is the president of the BC Obesity Network and serves on the board of directors of the Canadian Association of Bariatric Physicians and Surgeons.

Caroline Stigant, MD, FRCPC, is an adult nephrologist at Island Health. She does office and hospital practice at Royal Jubilee Hospital in Victoria, BC. Her interests include nephrolithiasis management, HTN management and CKD.

Paul Whitehead, PhD, CCC, R. Psych, is a psychologist with the Centre for Practitioner Renewal and an assistant professor in the family practice department at the University of British Columbia. He provides support to individuals and teams at Providence Health Care to promote resilience and reduce the impact of stress, burnout and compassion fatigue.

Susi Wilkinson, MSc, RD, has a background that includes managing CKD programs in BC's southern interior region and helping people achieve their nutrition and health goals in clinical, community, and residential care settings. She has recently completed graduate studies in health informatics and joined the BC Renal Agency in November 2013 as the user engagement lead for PROMIS.

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Charles River offers microbiological and endotoxin testing to dialysis facilities. Our point-of-use PTS™ provides a single-step, rapid endotoxin system to assure that dialysis samples do not exceed the endotoxin specification defined within current industry guidelines. Contract testing services are also available. www.criver.com

Chief Medical Supplies, the only Canadian-owned manufacturer of hemodialysis solutions (including Citrasate®), also distributes leading edge machines and dialyzers, test strips, descaling and disinfection solutions from its plant and warehouses in Calgary and Mississauga, with the nimblest customer service in the business. www.chiefmedical.com

NxStage Medical Canada has recently been approved for Canadian dialysis patients. NxStage developed the System One specifically for home dialysis patients and the home environment. Worldwide, over 7000 patients dialyze using the System One. Please visit our booth at BC Kidney Days and learn more about our innovative dialysis products. www.nxstage.com

Otsuka Canada Pharmaceutical Inc. (OCPI) is an innovative, fast-growing healthcare company that commercializes Otsuka medicines in Canada, with a focus on and commitment to neuroscience, cardiovascular, and oncology. OCPI is dedicated to improving patients' health and the quality of human life. www.otsuka.co.jp/en/

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Pharmaceutical Partners of Canada (PPC) is a diverse generic pharmaceutical company that has evolved into a fully integrated global organization as part of the Fresenius Kabi Group. PPC currently markets and distributes 41 generic products in more than 78 dosage formats. www.ppcdrugs.com

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2,000 KIDNEY TRANSPLANTS! CONGRATULATIONS!

In 2013, both **St. Paul's Hospital and Vancouver General Hospital** transplant centres passed the 2,000 kidney transplant milestone.

Thank you, and congratulations to the staff of the Renal Transplant programs for their significant contribution to saving the lives of British Columbians.



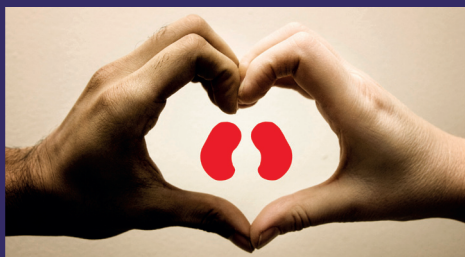
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"I NEVER DREAMED I'D LIVE TO BE AN ADULT. AN ORGAN DONOR CHANGED THAT."
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transplant.bc.ca



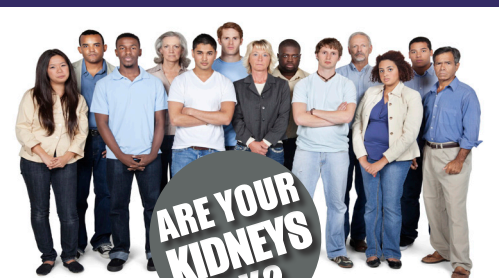
MARCH IS KIDNEY HEALTH MONTH!

Join the BC Renal Agency for World Kidney Day activities and the Kidney Smart = Heart Smart campaign in March 2014.

WESTERN CANADA PD DAYS
 Western Canada PD Days is happening in Vancouver on April 3-4, 2014 at the Renaissance Vancouver Harbourside Hotel. WCPD Days 2014 will be a full two-day event.
WCPDDAYS.CA



The theme for World Kidney Day 2014 is: Chronic Kidney Disease (CKD) and aging. Various events will be happening around the province on March 13, 2014. Visit bcrenalagency.ca for more info.



The BC Renal Agency will be promoting a Kidney Smart/Heart Smart diet and lifestyle to prevent kidney disease throughout March. Watch for us at local events and farmer's markets around Vancouver.

KIDNEYSMART.COM

Canadian Society of Nephrology / Société Canadienne De Néphrologie
 CSN/SCN
CSN 2014 Annual Scientific Meeting
April 23 - 27, 2014
 Renaissance Vancouver Harbourside Hotel, Vancouver, BC
www.csnsn.ca

PROMIS
PROMIS: Training Designed to Meet Your Needs

The PROMIS team provides a variety of training options including:

- Sessions at the PROMIS training room in Vancouver
- Online webinar sessions
- PROMIS trainers who travel to your workplace (based on demand)

Check out the training schedule on the CCRS site: <https://ccrs.vch.ca>

For more information, visit the PROMIS Portal page or contact: support@bcpra.ubc.ca

Visit the PROMIS booth for one-on-one training.



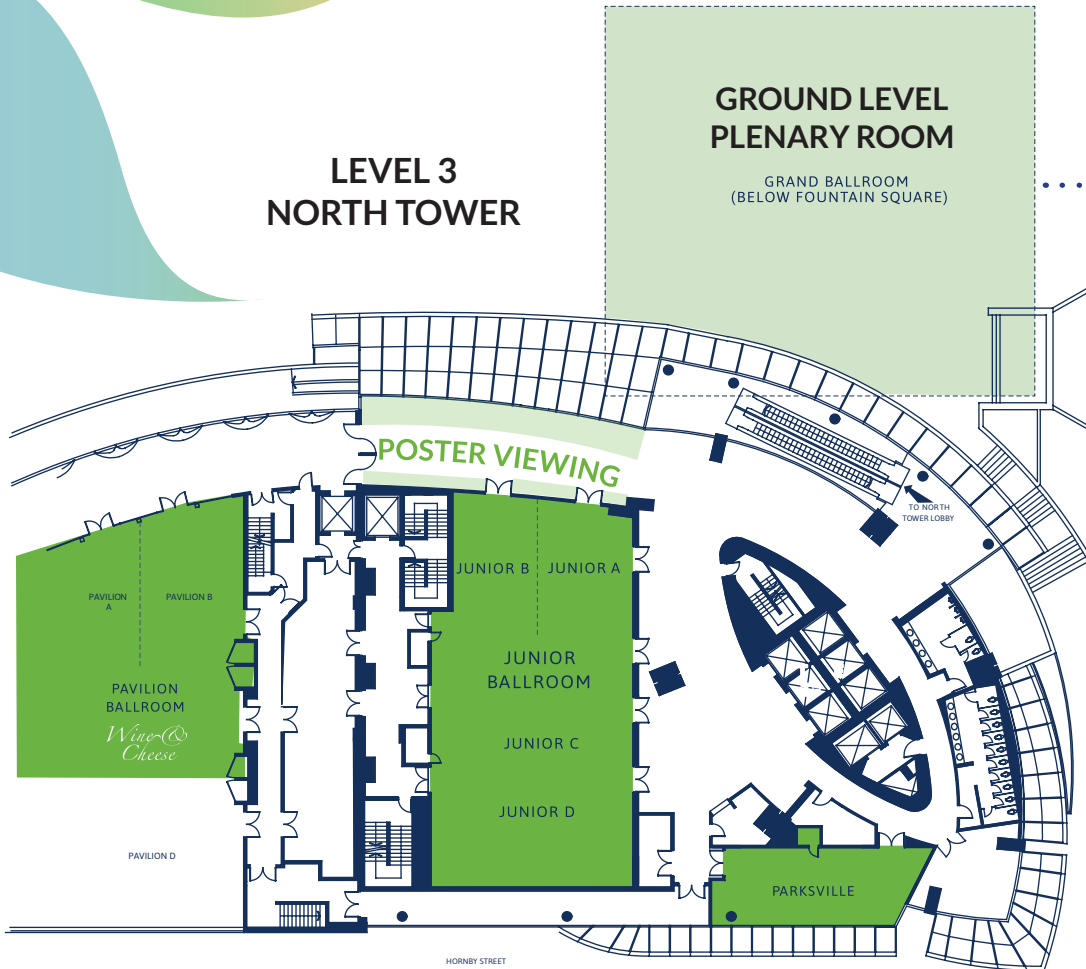
The foundation of kidney care.



The Kidney Foundation of Canada, BC Branch promotes kidney health through early detection and prevention strategies, information and education to kidney patients about managing effectively, and by increasing awareness for organ donation and transplantation.

Contact The Kidney Foundation of Canada, BC Branch at **604-736-9775 or 1-800-567-8112 for more information.**
www.kidney.bc.ca

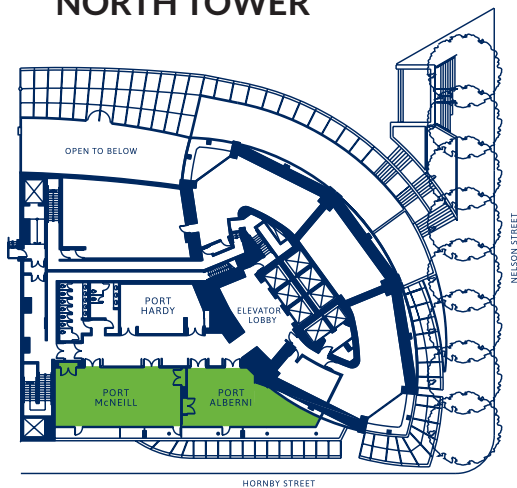
LEVEL 3 NORTH TOWER



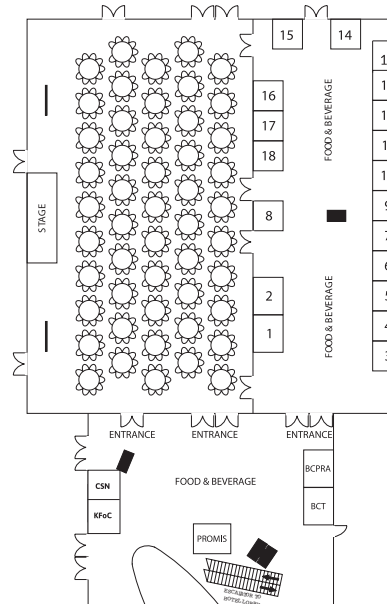
GROUND LEVEL PLENARY ROOM

GRAND BALLROOM
(BELOW FOUNTAIN SQUARE)

LEVEL 4 NORTH TOWER



GROUND LEVEL PLENARY ROOM



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Hear something good?
TWEET IT! Use & follow
the hashtag #BCKD

BC Transplant BC Renal Agency

PARTNERSHIP






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