

Consultation Corner for Foreign Workers

Consultation Corner for Foreign Workers is here to consult about problems relating to working conditions for foreign language speakers. Each Consultation Corner is located within the Prefectural Bureau or the Labor Standards Inspection Office written below. For available days, refer to the phone number below or visit the Ministry of Health, Labor, and Welfare's website : <https://www.check-roudou.mhlw.go.jp/soudan/foreigner.html>

Prefecture	Located	Supported Languages													Address	Phone Number	
		English	Chinese	Spanish	Portuguese	Tagalog	Vietnamese	Myanmar	Nepali	Korean	Thai	Indonesian	Cambodian	Mongolian			
Hokkaido	Inspection Division															Sapporo-shi, Kita-ku, Kita 8-jo Nishi, 2-1-1, Sapporo Dai-1 Godo Chosha	011-790-8784
	Hakodate Office		○													Hakodate-shi, Shinkawa-cho 25-18, Hakodate Chiho Godo Chosha	0138-87-7605
	Kushiro Office	○					○									Kushiro-shi, Kashiwagi-cho 2-12	0154-42-9716
	Kutchan Office	○														Abuta-gun, Kutchan-cho Minami, 1-jo Higashi 3-1, Kutchan Chiho Godo Chosha 4F	0136-22-2374
Miyagi	Inspection Division		○						○						Sendai-shi, Miyagino-ku, Teppo-machi 1, Sendai Dai-4 Godo Chosha	022-299-8838	
Ibaraki	Inspection Division	○	○	○											Mito-shi, Miya-machi 1-8-31, Ibaraki Rodo Sogo Chosha	029-224-6214	
Tochigi	Inspection Division	○		○	○										Utsunomiya-shi, Akebono-cho 1-4, Utsunomiya Dai-2 Godo Chosha	028-634-9115	
	Tochigi Office		○												Tochigi-shi, Numawada-cho 20-24	0282-24-7766	
Gunma	Inspection Division								○						Maebashi-shi, Ote-machi 2-3-1, Maebashi Chiho Godo Chosha 8F	027-896-4735	
	Ota Office			○	○										Ota-shi Iizuka-cho 104-1	0276-45-9920	
Saitama	Inspection Division	○													Saitama-shi, Chuo-ku, Shintoshin 11-2, Land Axis Tower 15F	048-816-3596	
		○												048-816-3597			
								○								048-816-3598	
Chiba	Inspection Division	○													Chiba-shi, Chuo-ku, Chuo 4-11-1, Chiba Dai-2 Chiho Godo Chosha	043-221-2304	
	Funabashi Office		○												Funabashi-shi, Kaijin-cho 2-3-13	047-431-0182	
	Kashiwa Office		○					○							Kashiwa-shi, Kashiwa 255-31	04-7163-0246	
Tokyo	Special Consultation and Support Office for Foreigners	○	○				○	○		○			○	○	Shinjuku-ku, Yotsuya 1-6-1, Yotsuya Tower 13F Foreigner Support Center (within FRESC)	03-5361-8728	
	Shinjuku Office	○	○						○	○	○				Shinjuku-ku, Hyakunin-cho 4-4-1, Shinjuku Rodo Sogo Chosha 4F	03-5338-5582	
	Shinagawa Office		○				○								Shinagawa-ku, Osaki 3-13-26	03-3440-7556	
Kanagawa	Inspection Division	○		○	○	○	○								Yokohama-shi, Kita-nakadori 5-57 Yokohama Dai-2 Godo Chosha	045-211-7351	
	Atsugi Office			○											Atsugi-shi, Naka-cho 3-2-6, Atsugi T-buil 5F	046-401-1641	
Niigata	Inspection Division								○						Nigata-shi, Chuo-ku, Misaki-cho 1-2-1, Nigata Misaki Godo Chosha Building No.2, 3F	025-288-3503	
Toyama	Inspection Division		○												Toyama-shi, Jintsu-honmachi 1-5-5, Toyama Rodo Sogo Chosha	076-441-4104	
	Takaoka Office			○	○										Takaoka-shi, Nakagawa-honmachi 10-21 Takaoka Homu Godo Chosha	0766-23-3130	
Ishikawa	Inspection Division		○						○						Kanazawa-shi, Sainen 3-4-1 Kanazawa-eki Nishi Godo Chosha 5F	076-200-9771	
Fukui	Inspection Division		○	○	○										Fukui-shi, Haruyama 1-1-54, Fukui Haruyama Godo Chosha 9F	0776-22-2652	
Yamanashi	Kofu Office			○	○										Kofu-shi, Shimoiida 2-5-51	055-224-5620	
Nagano	Inspection Division				○										Nagano-shi, Nakagoshi 1-22-1	026-223-0553	
Gifu	Inspection Division			○	○										Gifu-shi, Kinryu-cho 5-13, Gifu Godo Chosha 3F	058-245-8102	
	Gigu Office		○												Gifu-shi, Gotsubo 1-9-1, Gifu Rodo Sogo Chosha 3F	058-247-2368	
	Tajimi Office						○								Tajimi-shi, Otowa-cho 5-39-1, Tajimi Sogo Rodo Chosha 3F	0572-22-6381	
Shizuoka	Inspection Division	○	○	○	○			○							Shizuoka-shi, Aoi-ku, Oute-machi 9-50, Shizuoka Chiho Godo Chosha	054-254-6352	
	Hamamatsu Office				○										Hamamatsu-shi, Naka-ku, Chuo 1-12-4, Hamamatsu Godo Chosha	053-456-8148	
	Mishima Office	○													Mishima-shi, Bunkyo-cho 1-3-112 Mishima Rodo Sogo Chosha	055-986-9100	
	Iwata Office				○										Iwata-shi, Mitsuke 3599-6, Iwata Chiho Godo Shocha	0538-32-2205	
	Shimada Office			○	○										Shimada-shi, Hontori 1-4677-4, Shimada Rodo Sogo Chosha	0547-37-3148	
Aichi	Inspection Division	○			○										Nagoya-shi, Naka-ku, Sannomaru 2-5-1, Nagoya Godo Chosha Building No.2	052-972-0253	
	Nagoya Nishi Office								○						Nagoya-shi, Nakamura-ku, Futatsubashi-cho 3-37	052-481-9533	
	Toyohashi Office				○										Toyohashi-shi, Daikoku-cho 111, Toyohashi Chiho Godo Chosha 6F	0532-54-1192	
	Kariya Office				○										Kariya-shi, Wakamatsu-cho 1-46-1, Karia Godo Chosha 3F	0566-21-4885	
Mie	Inspection Division	○													Tsu-shi, Shimazaki-cho 327-2, Tsu Dai-2 Chiho Godo Chosha 4F	059-226-2106	
	Yokkaichi Office			○	○										Yokkaichi-shi, Shinsho 2-5-23	059-342-0340	
	Tsu Office			○	○										Tsu-shi, Shimazaki-cho 327-2, Tsu Dai-2 Chiho Godo Chosha 1F	059-227-1282	
Shiga	Otsu Office				○										Otsu-shi, Uchidehama 14-15, Shiga Rodo Sogo Chosha 3F	077-522-6616	
	Hikone Office			○	○										Hikone-shi, Nishiima-cho 58-3, Hikone Chiho Godo Chosha 3F	0749-22-0654	
	Higashi Omi Office			○	○										Higashiomi-shi, Yokaichi-shi, Midori-machi 8-14	0748-22-0394	
Kyoto	Inspection Division	○							○					Kyoto-shi, Nakagyo-ku, Ryogaemachi-dori, Oike Agar Kinbuki-cho 451	075-241-3214		
Osaka	Inspection Division	○	○		○										Osaka-shi, Chuo-ku, Otemae 4-1-67, Osaka Godo Chosha Building No.2, 9F	06-6949-6490	
	Osaka Chuo Office	○													Osaka-shi, Chuo-ku, Morinomiya Chuo 1-15-10, Osaka Chuo Rodo Sogo Chosha 5F	06-7669-8726	
	Tenman Office	○													Osaka-shi, Kita-ku, Tenmanbashi 1-8-30, OAP Tower 7F	06-7713-2003	
	Sakai Office	○													Sakai-shi, Sakai-ku, Minamikawara-machi 2-29, Sakai Chiho Godo Chosha 3F	072-340-3829	
Hyogo	Inspection Division		○												Kobe-shi, Chuo-ku, Higashikawasaki-cho 1-1-3, Kobe Crystal Tower 16F	078-371-5310	
	Himeji Office								○						Himeji-shi, Hojo 1-83	079-224-8181	
Tottori	Inspection Division	○							○						Tottori-shi, Tomiyasu 2-89-9	0857-29-1703	
Shimane	Inspection Division		○												Matsue-shi, Mukojima-cho 134-10, Matsue Chiho Godo Chosha 5F	0852-31-1156	
Okayama	Inspection Division	○	○						○						Okayama-shi, Kita-ku, Shimoiishi 1-4-1, Okayama Dai-2 Godo Chosha	086-201-1651	
Hiroshima	Inspection Division		○	○	○										Hiroshima-shi, Naka-ku, Kami-hacchobori 6-30, Hiroshima Godo Chosha Building No.2, 5F	082-221-9242	
	Hiroshima Chuo Office								○						Hiroshima-shi, Naka-ku, Kami-hacchobori 6-30, Hiroshima Godo Chosha Building No.2, 1F	082-221-2460	
	Fukuyama Office		○						○						Fukuyama-shi, Asahi-machi 1-7	084-923-0005	
Tokushima	Inspection Division		○												Tokushima-shi, Tokushima-cho, Jonai 6-6, Tokushima Chiho Godo Chosha	088-652-9163	
Ehime	Inspection Division		○												Matsuyama-shi, Wakakusa-cho 4-3, Matsuyama Wakakusa Godo Chosha 5F	089-913-6244	
	Imabari Office								○						Imabari-shi, Asahi-machi 1-3-1	0898-25-3760	
Fukuoka	Inspection Division	○													Fukuoka-shi, Hakata-ku, Hakataeki-higashi 2-11-1, Fukuoka Godo Chosha Shinkan 4F	092-411-4862	
	Fukuoka Chuo Office		○												Fukuoka-shi, Chuo-ku, Nagahama 2-1-1, Fukuoka Chuo Labor Standards Inspection Office 4F	092-761-5607	
	Kita Kyushu Nishi Office								○						Kitakyushu-shi, Yahatanishi-ku, Kishinoura 1-5-10 Yahata Rodo Sogo Chosha 3F	093-622-6550	
Nagasaki	Inspection Division								○					Nagasaki-shi, Manza-machi 7-1 TBM Nagasaki Building 6F	095-895-5105		
Kumamoto	Inspection Division		○												Kumamoto-shi, Nishi-ku, Kasuga 2-10-1, Kumamoto Chiho Godo Chosha Building A, 9F	096-355-8449	
	Yashiro Office		○												Yatsushiro-shi, Ote-machi 2-3-11	0965-34-6796	
Kagoshima	Inspection Division								○						Kagoshima-shi, Yamashita-cho 13-21, Kagoshima Godo Chosha	099-216-6100	
Okinawa	Inspection Division	○													Naha-shi, Omoro-machi 2-1-1, Naha Dai-2 Chiho Godo Chosha 3F	098-868-1634	

※1 The information might differ. This information was updated on April 1, 2023.