

PLEASE PRAY FOR:

Julien Vanhinsbergh; Hilary Taylor; Helen Wheatley; Christine Page; Daphne Glen; Carol Whitby; Marguerite Gold; Jonathan Fermor; Karen Mason; Jo and William Marston; John Vail; Mandy Churchill; Wendie Felgate; Nigel Clark; Mary West; Annie Winckler; Sue Jones; Eva Rainey; Carole Wheatley; Renate Arnold; Margaret Wright; Rev Steph; Valerie Ayton; John Harding; Irene Hornsey; Linda Daynes; Hugh Durant; Ian and Jeanette and Sandra Jermyn

The family and friends of Roshan Banatvala; Cyril Peck; Patrick Kettle; Phillipa Cronin and all who grieve

People struggling to make ends meet

Rev Chris and Rachel as they prepare to come and join us

The work of foodbanks and all their volunteers

The ongoing situation in Israel and Gaza, for an end to hostilities and relief for all who are suffering.

The people of Ukraine, for all those suffering or afraid.

Constable Country Benefice



St Mary's, East Bergholt



St Michael's, Brantham



St Mary's, Bentley



St Mary's, Tattingstone

Sunday 18 February

East Bergholt

10:00 Communion Service
(Rev Anthony)

Bentley

10:00 Communion Service
(Rev Don)

Brantham

10:30 Informal Service
(Led by Nick)

Tattingstone

18:00 Evening Prayer
(Led by Simon)

COLLECT



Heavenly Father,
your Son battled
with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow
in wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord.
Amen

Readings: (Lectionary Year B)

Genesis 9.8–17
1 Peter 3.18–end
Mark 1.9–15

Benefice website	www.ConstableCountryChurches.co.uk		
Facebook	stmaryseastbergholt and St Michael's Church, Brantham		
YouTube	YouTube Constable Country Churches		
Benefice Administrator (P/T)	Michelle Jowers - constablecountrychurches@outlook.com / 07955 329341		
Parish Safeguarding Officer	Howard Holdsworth 07970 416249	East Bergholt and Brantham	
	Sandra Mehen 01473 310383	Bentley	
	Suena Harley 01473 327531	Tattingstone	
Retired Priests (Permission to Officiate granted by the Bishop)			
	Revd Peter Ball 01206 393316		
	Revd Roy Seden 07806 940407		
	Revd Don Mehen 01473 310383		
Readers	Nick Pavitt 01473 328512	Ruth Bull 01206 298733	
	Peter Day 01473 310518	Sandra Mehen 01473 310383	
Churchwardens	East Bergholt Fiona Trott 01206 298205	Brantham Jane Pavitt 01473 328512	
	Sarah Southgate 07742 620695	Len Smith 01206 393321	
	Bentley Peter Day 01473 310518	Tattingstone Linda Smalley 07803 589862	
		Lyn Tomlinson 01473 328251	
Elders	East Bergholt Fiona Trott 01206 298205	Brantham Sarah McCraw 01206 391384	
	Chris Jacob 01206 298552	Len Smith 01206 393321	
		Issy Smith 01206 393321	
		Marie Jelley 01206 396191	
	Bentley Jane Day 01473 310518	Tattingstone Simon Harley 01473 327531	
	Carolyn Evans 01473 311090	Suena Harley 01473 327531	
	Doreen Savage 01473 311122	Alison Hobson 01473 327201	
Director of Music/Organist	Martin Huggett 01206 395927 (East Bergholt)		
Organists	David McLachlan 01473 327164 (Brantham)		
	Jane Gould (Tattingstone)		
	Ann Little (Bentley)		

Items for the pew sheet should be received by our Benefice Administrator by Wednesday afternoon



POST COMMUNION PRAYER

Lord God, you have renewed us
with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.
Amen



BENEFICE PRAYER

Heavenly Father,
we pray for the parishioners
of the benefice of East Bergholt,
Brantham, Bentley and Tattingstone
that they may come to know
your generous and enfolding love.
May we play our part in your mission
to help all people,
especially those around us,
know your love and grace.
Amen

Three Lent Groups start this week. Please could you let Michelle know as soon as possible if you haven't already booked your place

Livestreaming/ Recording: Please note that main services in East Bergholt and Brantham churches are live-streamed on YouTube, Please see a warden if this causes you concern.

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We are putting together a **welcome hamper** for Chris and Rachel when they move into the Rectory on 28th

February. If you would like to make a donation, we are collecting non-perishable household staples with a decent shelf life. Please see a warden with your contribution (we need to ensure that donations in East Bergholt, don't get confused with Pantry in the Porch)

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It is the time of the year when the **Electoral Rolls** in each church are checked and updated. If you are not already on the ER, but would like to be, please see a warden for a form. A revised list will be displayed during church services in March ahead of the APCMs.

<u>Monday 19</u>	<u>Tuesday 20</u>	<u>Wednesday 21</u>
	19:30-21:00 Lent Group, Palfrey Heights, Brantham	10:00-11:30 Lent Group, Windyridge, Brantham 11:00-12:30 Lent Group, Richardson Road, East Bergholt
Daily Readings Genesis 41.25-45 Galatians 3.23-4.7	Daily Readings Genesis 41.46-42.5 Galatians 4.8-20	Daily Readings Genesis 42.6-17 Galatians 4.21-5.1
<u>Monday 26</u>	<u>Tuesday 27</u>	<u>Wednesday 28</u>
09:00 Open the Book team in EBPS	10:00 Ministry Team meeting, East Bergholt 19:30-21:00 Lent Group, Palfrey Heights, Brantham	10:00-11:30 Lent Group, Windyridge, Brantham 11:00-12:30 Lent Group, Richardson Road, East Bergholt
Daily Readings Genesis 43.16-end Hebrews 1	Daily Readings Genesis 44.1-17 Hebrews 2.1-9	Daily Readings Genesis 44.18-end Hebrews 2.10-end

If you should ever need a lift to a Benefice church services, or you are able to provide lifts for others, please contact Michelle.

Bring the Family to one of our all age family friendly services with stories, songs, activities and cake, lasting 40-45 minutes. Our next family service is 3rd March at East Bergholt

<u>Thursday 22</u>	<u>Friday 23</u>	<u>Saturday 24</u>	<u>Sunday 25 February</u>
	15:50 for 16:00 Choir practice, East Bergholt	09:00-09:30 Even if you haven't come before, you are welcome to a short simple prayer time at St Michaels with a focus on the ministry of our benefice. 16:00 Classical concert at Brantham in aid of Ukraine	08:00 BCP Service East Bergholt (Rev Peter) 10:00 Music for Reflection, East Bergholt 10:00 Family Worship, Bentley (Led by Sandra) 10:30 Communion Service Brantham (Rev Peter)
Daily Readings Genesis 42.18-28 Galatians 5.2-15	Daily Readings Genesis 42.29-end Galatians 5.16-end	Daily Readings Genesis 43.1-15 Galatians 6	
<u>Thursday 29</u>	<u>Friday 1 March</u>	<u>Saturday 2</u>	<u>Sunday 3 March</u>
19:30 Rehearsal of Instalment service	09:30 - 11:30 Toddlers and Carers, West End, East Bergholt 14:30 World Women's Day of Prayer at the Brantham Methodist Church (Gravel Pit Lane) 15:50 for 16:00 Choir practice, East Bergholt	09:00-09:30 Even if you haven't come before, you are welcome to a short simple prayer time at St Michaels with a focus on the ministry of our benefice.	10:00 Communion Service, East Bergholt (Rev Peter) 10:00 Communion Service, Bentley (Rev Don) 10:30 Informal Service Brantham (Led by Len) 16:00 Family@Church, East Bergholt (Led by Fiona)
Daily Readings Genesis 45.1-15 Hebrews 3.1-6	Daily Readings Genesis 45.16-end Hebrews 3.7-end	Daily Readings Genesis 46.1-7, 28-end Hebrews 4.1-13	

The next Ecumenical Service is on 1st March and will be for the World Day of Prayer at the Brantham Methodist Church (Gravel Pit Lane) starting at 2.30 pm. Everyone is cordially invited to attend. Tea and cake to follow the Service.